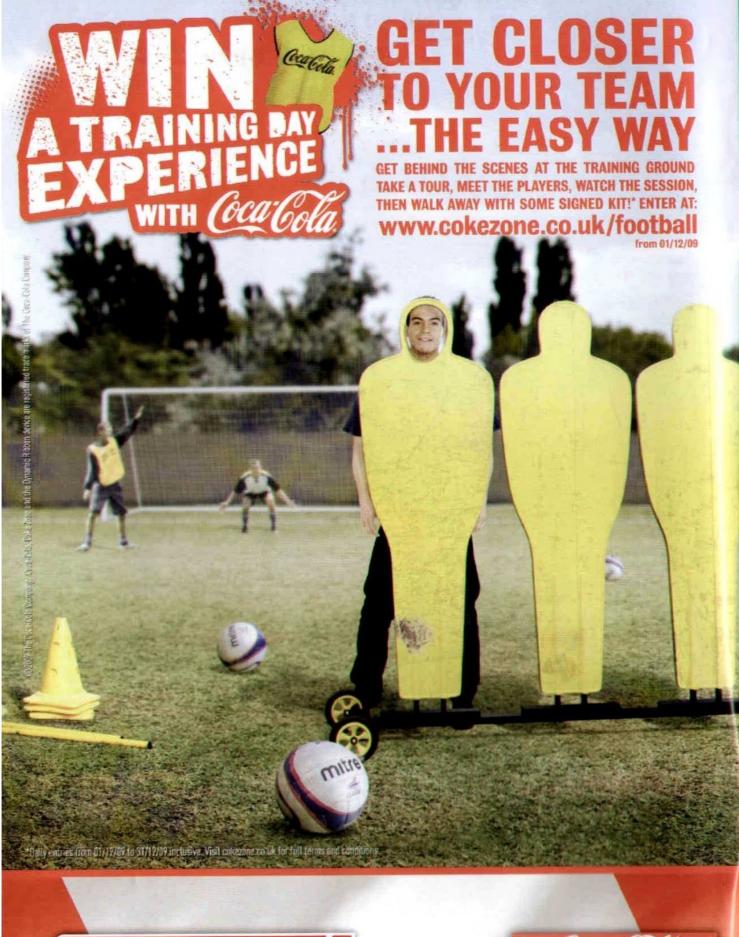








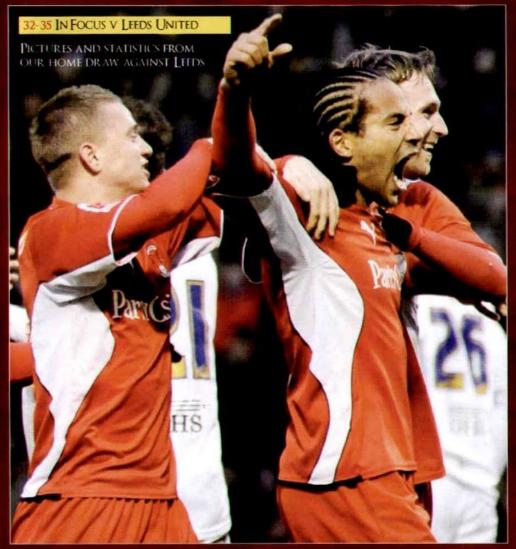
LEYTON ORIENT v SWINDON TOWN







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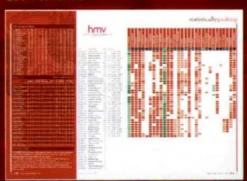
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LEYTON ORIENT FO

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"The players and staff are well aware of the need to turn in 90-minute performances"

GOOD afternoon and a warm welcome to Brisbane Road, especially to Swindon Town manager Danny Wilson, his players and everyone who has made the trip from Wiltshire.

In our last home game against Leeds United, in front of a sell-out crowd, there was a fantastic atmosphere and the players did very well after an initial bout of stage fright.

There's no doubt that Leeds are a good side as they dominated the first half and put us under a lot of pressure, but we were still able to reach half-time with the game goalless.

We knew that if we were to force our way back into the match we would have to be more positive and adventurous in the second half and all credit to the players, as they came out and did just that.

It looked as if all three points were in sight when Tam popped up with a goal seven minutes from

But, unfortunately, big clubs like Leeds continue to push all the way to the end and in the 94th minute they got lucky with an equaliser.

DISAPPOINTING

It was disappointing to concede so late in the game and it was tough on the players who had worked so hard and thoroughly enjoyed the atmosphere. Hopefully, there will be more sell-out crowds here in the future.

The Leeds game was followed by two away matches and I have to say that the trip to Tranmere was very disappointing.

We talked about the need to start well yet, for the second successive away game, we came in at half time two goals down.

The players responded magnificently in the second half and showed that when we do the right things we can get on top of teams and in the end we were disappointed to lose 2-1 and return home empty handed.

Then it was on to Gillingham on Tuesday night, which is a hard place to go as they have a good home record and prior to our visit had only conceded eight goals there in the League this

STRONGLY

Once again we did not help ourselves as we conceded another early goal, but once again, we came back strongly in the second half and if you look at the 90 minutes as a whole, a draw was probably a fair result.

It was important that we took something from the game, because to lose two matches against teams around us would have been very, very disappointing.

The players and the staff are all well aware of the need to improve and turn in 90-minute performances.

There have been times this season when we have turned in some good first half displays and we have worked hard to try and improve our record in the second half of matches.

Yet in recent games we have started slowly and have performed much better in the second half of matches.

What we need is a 90-minute performance and there is no better time to start than this afternoon, because we must be at our best if we want to return to winning ways and take all three points against a very good Swindon side.

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0208 478 1812 www.bondlovis.co.uk WELCOME back to Brisbane Road as we return to home soil (or possibly home mud depending on the weather over the second half of this week!) for the first time in three games.

It's been a tough week on the road, but at least it ended on a high note with Tam's excellent equaliser at Priestfield on Tuesday.

Today we welcome an in-form Swindon Town side and whilst there won't be as many here as there were for our last game against Leeds, hopefully we can still generate a good atmosphere to inspire the team.

On the subject of the Leeds game, I read some frankly laughable comments on the Club's internet message board (where else some might ask?!) regarding the legitimacy of the attendance we announced on that day.

We were accused of almost everything from VAT fraud to incompetence, with ridiculous assumptions made by people who weren't in possession of anywhere near enough information to make the comments they did. One of the best ones was that we announced it was sold out when it wasn't - because of course we wouldn't want the extra ticket sales would we?!

The fact is that when the Club announces an attendance figure, we are announcing the number of spectators who come in to the stadium to watch the game - plain and simple, no cheating, no conning, no deception, no mileage whatsoever in trying to do so from our side!

Some clubs choose to announce the figure of the total number of tickets sold for any given game regardless of how many turn up - we don't do that. Allegedly, according to some on the message board, we don't count complimentary tickets or corporate tickets in the total figure - again, complete nonsense!

On occasions when the whole East Stand is given over to away supporters, we sell their tickets as unreserved as fans generally choose where they're going to sit anyway, with the early-comers taking the best seats. This is, arguably, a lower league mentality, but it doesn't present any major problems for us as we then restrict the stand to 90% of its capacity for safety reasons and to ensure everyone can be seated to their satisfaction.

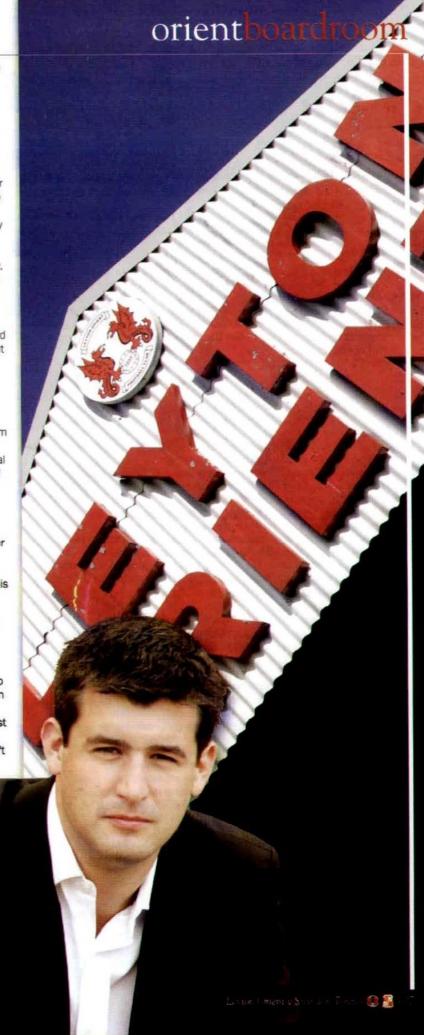
That, coupled with the few hundred season ticket holders who for whatever reason are not at each and every game, mean that it is nigh on impossible for us to reach capacity of the stadium for a League match, even when every ticket has gone. This is as much of a frustration for us as it is for some of you, but please rest assured that it is the truth.

Our gate figures are audited for accuracy and we don't release any attendance until we are sure it is correct. Anyone who believes otherwise is sadly misguided and wasting their time in trying to come up with bizarre

theories as to what they believe to be the truth.

Anyway, enough of that and back to the matter in hand - that of obtaining three more points today so give the lads your full backing and let's hope we're smilling come 5pm.

Up the O's Matt Porter



SWINDON TOWN

SWINDON TOWN arrive here this afternoon on the crest of a wave following a 12-match unbeaten run in the League that stretches back to December.

During that time Swindon have won eight and drawn four of their League One matches and they will want to stretch that record this afternoon as they look to cement a play-off place.

The current good run has lifted Swindon into fifth place and in Billy Paynter and Charlie Austin they have two of the division's hottest strikers.

Paynter has netted 19 League goals this season, while Austin has weighed in with 13.

Swindon warmed up for today's clash with a 4-1 success against struggling Stockport County on Tuesday night, with Paynter scoring two of those goals.

The hosts took an early lead when Danny Ward beat Owain Fon Williams from the edge of the area, before Paynter cashed in on a slip by the keeper to make it 2-0.

DISAPPEARED

Stockport hit back in first-half stoppage-time through a Greg Tansey freekick, but any revival hopes disappeared as Swindon dominated the second half.

Simon Ferry headed in to make it 3-1, before Paynter grabbed his second of the game from 20 yards to complete the scoring.

After the game Swindon manager Danny Wilson told the club's website: "We had a massive amount of possession in the first half, but didn't turn it into as many chances as I would have liked.

"It was a good start for us getting the early goal, but they dug in and defended well and made it difficult for us.

"Looking at the whole 90 minutes it was a comprehensive victory and I think the amount of efforts we've had and possession we had show that."

However, the victory came at a price as both Kevin Amankwaah and Ward were withdrawn before half-time due to injury, but Wilson is hopeful they will have recovered in time for today's game.

HAMSTRING

The Swindon manager explained: "Kev had to go off with a hamstring problem and Wardy's got a little knock as well, but hopefully a few days rest will help them get over it.

"When you're playing at the tempo we do you are going to pick up little strains and knocks. We have been quite lucky up till now, but we will wrap those players with those strains in cotton wool and hopefully they will be okay for the weekend."

Wilson is expecting a difficult match against an Orient side that have lost just one of their last eight matches.

"It will be another tough game and I'm very surprised they haven't been stronger," he said.

"They played very well against us here, so it will be a big test for us."

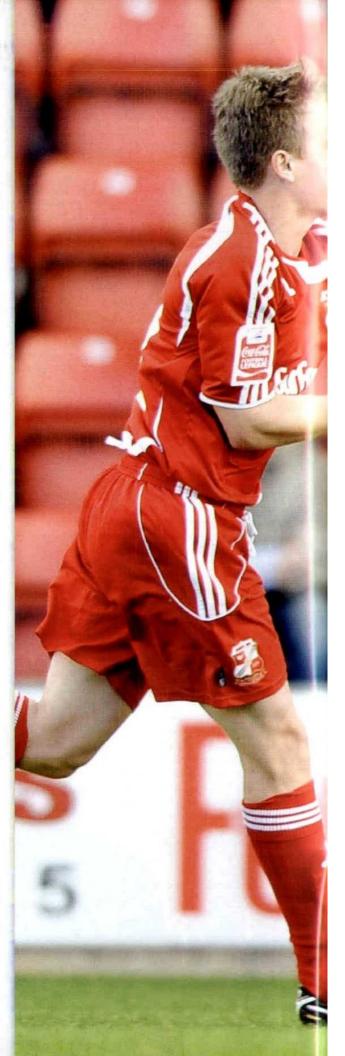
After back-to-back home wins against Carlisle United and Stockport, Wilson added: "Six points from six in the last two games is an excellent return from our point of view and all we can keep doing is being positive."

POINTS

When the two sides met at the County Ground at the start of December, Swindon took the points with a 3-2 success, when Charlie Austin's late double settled the game.

Paynter's 51st-minute penalty was cancelled out by Sean Thornton and after Austin's two goals the O's had Tamika Mkandawire sent off before Thornton pulled another goal back.

Swindon lost their next game on Saturday December 12, when they were beaten 3-0 at Bristol Rovers, but that was the last time they tasted defeat in the League.





Defence...

DAVID LUCAS - Age: 32 Career apps: 308 Goals: 0

Preston-born goalkeeper David Lucas was a summer 2009 arrival at the County Ground following his release by League One rivals Leeds United. He began his career with his hometown club, where he spent ten successful years before moving on to Sheffield Wednesday prior to the start of the 2004/05 season. He made 62 appearances for the Owls and has also played for Barnsley.



KEVIN AMANKWAAH - Age: 27 Career apps: 255 Goals: 11

Londoner Kevin signed for the Robins on a two-year deal from Coca-Cola Championship side Swansea City in the summer of 2008. At 6'1" he added height to the Swindon backline and he made the right back slot his own under Danny Wilson. He has continued to be a regular on the teamsheet this term and has chipped in with three goals, against Wycombe, Exeter and Charlton.



SCOTT CUTHBERT - Age: 22 Career apps: 72 Goals: 4

Former Celtic man Scott left Parkhead to sign for Swindon last summer. He came through the ranks at the Glasgow club, captaining their under-19 and reserve teams, but failed to make a first team appearance for the Bhoys. He spent the whole of last season on loan at St Mirren, and was a teammate of Andrew Cave-Brown in the Scotland U20 side that competed in the 2007 U20 World Cup.



SEAN MORRISON - Age: 19 Career apps: 41 Goals: 2

Young defender Sean returned from a loan spell at fellow League One club Southend United this month to reclaim a place in the Swindon line-up. He made his first team debut in the 2007/08 season and continued his impressive rise through the ranks last term. He found opportunities more difficult to come by at the start of this season and joined Southend temporarily, where he played eight matches.



ALAN SHEEHAN - Age: 23 Career apps: 86 Goals: 5

Former Republic of Ireland U21 international Alan joined Swindon on loan from Leeds United in November, extending that deal until the end of the season in January. His professional career began at Leicester City, where he made 23 League appearances before he moved on to Elland Road in July 2008. He has been restricted to 13 starts in his time with Leeds and has also spent time on loan at Crewe and Oldham.



LESCINEL JEAN-FRANÇOIS - Age: 23 Career apps: 35 Goals: 0

Left back Lescinel is a 23-year-old Haiti international who signed for the Robins in January 2009 after impressing on trial. He began his footballing career in France, appearing in the reserve teams for Paris St Germain and Sedan. He enjoyed a spell on loan at Scottish club Falkirk in 2006 before moving on to French Ligue 2 side Guingamp, for whom he played 12 times up to his move to England.



MIDFIELD...

ON-PAUL MCGOVERN - Age: 29 Career apps: 282 Goals: 22

Glaswegian wingman Jon-Paul joined Swindon from Milton Keynes Dons on January 31 2007, just hours before the transfer window slammed shut. A lively winger who can also operate in the middle, McGovern was a key cog in the Sheffield Wednesday side that won promotion to the Championship in 2004/05. He began his career at Celtic and has also played for Livingston and Sheffield United.



IONATHAN DOUGLAS - Age: 28 Career apps: 261 Goals: 16

Irishman Jonathan was another summer 2009 arrival from Leeds United. A combative midfield player who leads by example, Douglas started his career in Ireland with Monaghan before a move to Blackburn Rovers in the summer of 2000. He made 16 League appearances for Blackburn and enjoyed loans at Chesterfield, Blackpool, Gillingham and Leeds, prior to signing for the Elland Road club permanently in 2006.



SIMON FERRY - Age: 22 Career apps: 30 Goals: 2

Celtic midfielder Simon is experiencing his first taste of senior football with his loan spell at Swindon this season. He is awaiting his Bhoys debut, but has been a regular for the Robins this term, playing in 27 League One matches and scoring against Tranmere and Stockport. A Scotland U19 international, he was part of the squad that reached the final of the UEFA U19 Championships in 2006.



CRAIG EASTON - Age: 31 Career apps: 441 Goals: 37

Former O's man Craig has returned to the first team picture at Swindon in recent weeks, coming off the bench in each of their last four fixtures. He had up until that point endured a frustrating season, only making a further four appearances. An integral part of Orient's 2005/06 promotion-winning team, Bellshill-born Easton has also turned out for Dundee United and Livingston.



MATT RITCHIE - Age: 20 Career apps: 61 Goals: 15

Left winger Matt joined Swindon on Ioan from Portsmouth earlier this month and made his debut in Tuesday's 4-1 victory over Stockport County. A graduate of Portsmouth's Academy, Matt is yet to make his senior bow for his parent club, but he has gained experience from Ioan spells at Dagenham & Redbridge and Notts County. He was a regular on the scoresheet for the Daggers last term, scoring 12 times in 41 games.



MICHAEL TIMLIN - Age: 26 Career apps: 110 Goals: 4

Lambeth-born midfielder Michael was a summer 2008 addition to the Swindon squad, making the move from Fulham to link up with the Robins. He started his Cottagers career as a left winger, but was converted to a central midfielder. He didn't make a top flight appearance for the west Londoners, but gained experience with loans at Scunthorpe, Doncaster and Swindon prior to his permanent move to the County Ground.



ATTACK...

BILLY PAYNTER - Age: 25 Career apps: 330 Goals: 86

Scouser Billy is now in his third season as a Swindon player following his August 2007 move from Southend United. He started off with Port Vale, where he enjoyed four successful years as a professional before moving on to Hull City. He was with the KC Stadium club for less than a year before Southend snapped him up, but he only managed one goal for the Shrimpers. He has been far more prolific at Swindon, scoring 22 times this term alone.



CHARLIE AUSTIN - Age: 20 Career apps: 20 Goals: 13

Charlie has been one of the finds of the season, scoring 13 times in just 20 games since his move from non-league Poole Town. A former Reading trainee, Austin played for Thatcham Town and Hungerford Town before banging in 46 goals for Poole last term. That alerted Swindon to his talents and he has continued to find the net regularly at League level. Two of his goals came against the O's in December.



VINCENT PÉRICARD - Age: 27 Career apps: 150 Goals: 26

Former Juventus striker Vincent was a January arrival at the County Ground following a brief and successful spell with Carlisle United. Péricard first came to prominence in this country with Portsmouth, where he scored nine goals as they won promotion to the top flight in 2003. He joined Stoke City in 2006, where he remained until last summer. Four goals in 10 games at Carlisle reignited his goal touch and he is awaiting his first Robins start.



DANNY WARD - Age: 18 Career apps: 16 Goals: 4

Bolton Wanderers youngster Danny signed for the Robins on a month's loan in November, a deal that was subsequently extended for the rest of the season in January. He has two Barclays Premier League appearances to his name, having featured for the Trotters against Sunderland and Hull City this term. A striker who has also featured on the left wing, Danny has already bagged four goals for the Robins.



The Manager...

DANNY WILSON - Age: 50 Managed: Barnsley, Sheff Wed, Bristol C, MK Dons, Hartlepool, Swindon Swindon record: P62 W26 D13 L23

50-year-old Yorkshireman Danny was appointed as Robins boss in December 2008 after previous manager Maurice Malpas was sacked.

A midfielder who won the League Cup with both Luton Town and Sheffield Wednesday as a player, Danny enjoyed a long career which also took in spells at the likes of Bury, Chesterfield, Nottingham Forest and Brighton & Hove Albion. He won 25 international caps for Northern Ireland.

His managerial career began with Barnsley, who he guided in to the Premier League in 1997. He also managed in the top flight with Sheffield Wednesday, but was sacked in 2000.

He then held the reins at Bristol City, MK Dons and Hartlepool, who he led to promotion from League Two in the 2006/07 campaign.



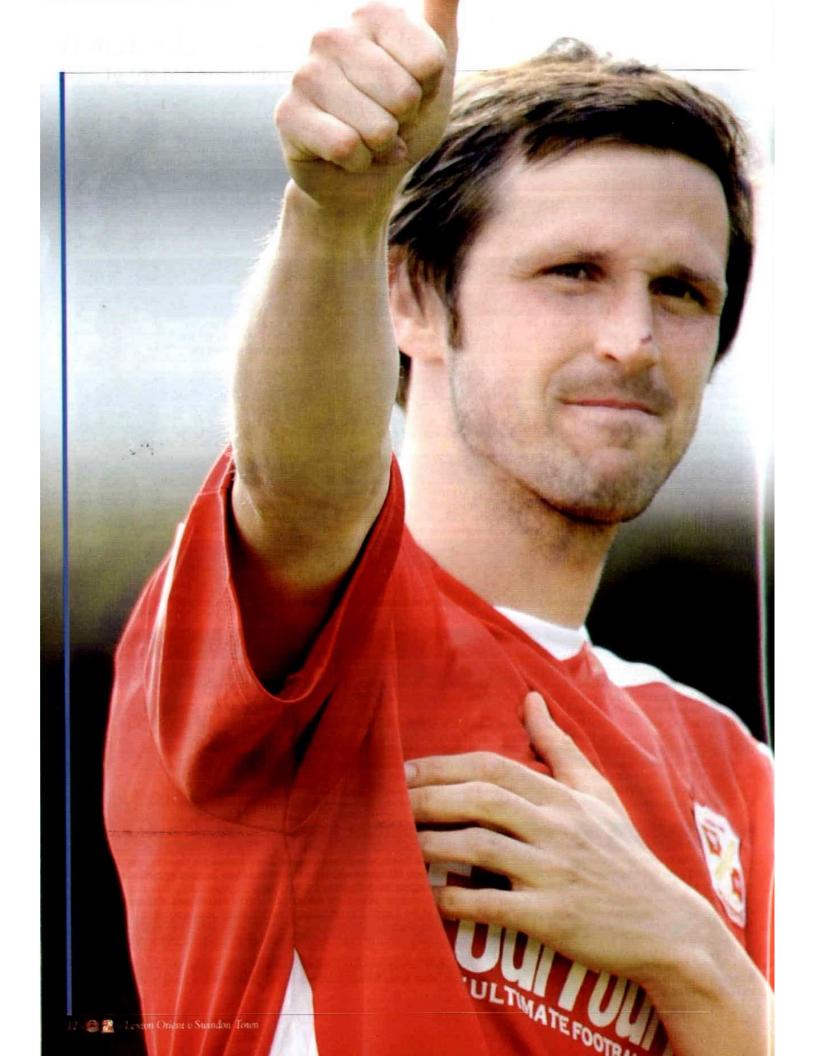
THE BEST OF THE REST...

Back-up for the goalkeeper's position is provided by 30-year-old Phil Smith, who joined Swindon from non-league Crawley Town in 2006. Having also played League football for Milwall, Smith has made 85 appearances for the Robins. Also competing for the number one jersey are 20-year-old Pole Jakub Jesionkowski and fellow youngster Mark Scott.

In defence, Gordon Greer, 29, signed for the Robins in 2009 from Doncaster Rovers. He has also turned out for the likes of Clyde and Kilmarnock. Left back Callum Kennedy has come through the ranks at the County Ground and now has 16 senior appearances to his name. Fellow full back Nathan Thompson is another youth team product of the Robins.

Former Hibs winger Alan O'Brien began his career at Newcastle United, where he made five Barclays Premier League appearances. He spent two years at Hibs before moving on to Swindon last summer.

23-year-old Mark Marshall has made the step-up from non-league Eastleigh and was loaned to Hereford United earlier this season.
Youngster Lloyd Macklin is currently out on loan at Torquay United, while fellow former youth teamer Kurt Hammonds is trying to force his way into Danny Wilson's thinking.



CRAIG EASTON is on the hunt for a second promotion in just five years in the English game.

continue.

Former O's man Easton was an integral part of the Londoners' League Two promotion-winning team in the 2005/06 season and now he is hoping to fire Swindon Town to the Championship this term.

The Scotsman, who has forced his way back into Robins manager Danny Wilson's thinking in recent weeks with a number of substitute appearances, has helped Swindon maintain their 12-match unbeaten League run and now he wants to extend that at Brisbane Road.

We caught up with him ahead of today's game... Swindon come to E10 today on the back of a 12match unbeaten League run. Your confidence must be sky high right now?

We've gone on a great run recently and picked up a number of good results. We know today's game will be a tough one, Orient are always a dangerous side, and we're preparing for it in that way. But we'll take confidence from our recent results and we'll certainly be looking for that run to continue this afternoon. You ended last season in mid-table, just below the O's, but have turned it around this year and are challenging for promotion. What has made the difference?

We made a bad start last year and that didn't help us. We lost a lot of bad goals and were making poor mistakes, which meant that when we won games, we needed 3-2 scorelines and the like to do so. This season we've been a lot more solid and that has made a big difference. Having that base to build from is

crucial and we've taken it on from there And having strikers like Billy Paynter and Charlie Austin banging in the goals has to be a huge help... They've been brilliant and look like scoring in every game. You think that if either of them gets a chance they're going to take it and that's a massive help to the team. But we all work hard for each other and that's been the secret to our success. Billy and Charlie have been there scoring the goals and long may that

You've been getting more of a chance in the first team recently, coming off the bench in your last four games. How pleased are you with that?

It's been good. I've had more and more playing time in those appearances, going from getting on for the last 15, 20, 30 minutes and then the whole second half on Tuesday, so hopefully I can get a bit more today. It was a case of doing well for the reserves and trying to force my way back in, so now I've got to make the most of the opportunity.

You spent two years at Brisbane Road and won promotion here, so are you looking forward to coming back this afternoon?

Definitely. You always enjoy going back to your old clubs and I'm looking forward to catching up with some good friends from my time at Orient. I've got such happy memories of my time there and I'll never forget those, but there's a bit of business to be done first and we're hoping to keep our run going with another good result today.

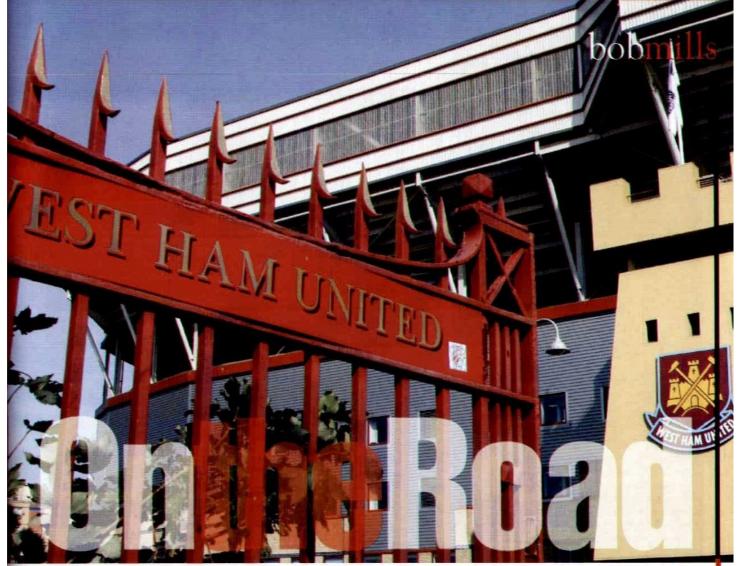
AVEITI



The official supporter of Leyton Orient FC







HAD an interesting couple of visits over the last few weeks. Been to St Mary's, Southampton, and also the Boleyn Ground.

Now before you start screaming... 'Glory Hunter!' let me explain. I wasn't groundhopping, but working. There is a comedy night down at the Saints ground in the Matt Le Tissier Suite. Very well attended, big crowd. A number of clubs do these nights, and they are a welcome source of mid-week revenue.

The longest established is the Red Card Comedy Club at Carrow Road. This has been going since Delia's boys were in the top flight, and has hosted a stack of big star performers. Kingsmeadow, down in Kingston has been running a cabaret night since AFC Wimbledon moved down there.

Most of the newer grounds have got tailor made facilities, sound and lighting, bars, car parking, that make them perfect for these kind of events.

The gig at Upton Park was a bit different and quite weird. It was the day of their match against Blackburn. The deal is, you turn up at 2pm, have a quick drink in the box, owned by the show promoter, then go down to the Legends Lounge. Phil Parkes does a quick spiel, introduces another 'legend'... on this day it was George Paris... they do a quick quiz, then

introduce the comedian. You do a very tight 15 minute set, and are then whisked away to an identical Legends Lounge across the corridor, where the whole process is exactly repeated.

By the way, the quiz was the most difficult I've ever heard. No chance at all, unless you were a complete 'dyed-in-thewool' Hammers anorak.

'Who came on as a sub for Devonshire...

Which player scored with a header in the Anglo-Italian...

'Which tea bar lady spilled tea against Luton Reserves...

You get the drift.

The entire shindig is over by 2.50, allowing punters to take their seat for what was described as 'The Real Entertainment'!

For my part, I was back up Green Street and on the Central Line by 3 o'clock.

Obviously, they are very hospitable, and invited me to join them in the box and watch the match, but, to be honest, sitting in a padded chair with a constant supply of free tea, coffee and quiche watching the delights of Premier League relegation strugglers really didn't appeal.

So, there you go, that tells you a lot about my career. From **West Ham to** Chesham United, via Southampton. Norwich and Wimbledon.

Still, it was an experience.

Tonight, I'm experiencing the other end of the scale. Performing at a benefit night at Chesham United's ground. Never been there before, but I suspect they won't have any corporate boxes or quiche. Hopefully, though, the atmosphere will make up for

So, there you go, that tells you a lot about my career. From West Ham to Chesham United, via Southampton, Norwich and Wimbledon.

Chances are I'll wind up back here at the

GILLINGHAM 1 LEYTON ORIENT 1

Coca-Cola League One Priestfield Tuesday February 23 2010

GILLINGHAM

23 Alan Julian

2 Barry Fuller

3 John Nutter

6 Garry Richards

7 Kevin Maher

10 Simeon Jackson

14 Adam Miller

15 Chris Dickson

18 Danny Jackman

29 Rene Howe

31 Darren Dennehy

Substitutes:

1 Simon Royce (GK)

9 Chris Palmer for Fuller (44)

11 Andy Barcham for Maher (77)

16 Josh Gowling

21 Dennis Oli for Howe (67)

26 Curtis Weston

34 James Walker

Goal: Dickson 8

Booked: Dickson

LEYTON ORIENT

12 Jamie Jones

2 Stephen Purches

4 Ben Chorley

5 Tamika Mkandawire

7 Aaron Doran

8 Adam Chambers

11 Jason Demetriou

13 Charie Daniels

14 Ryan Jarvis

15 Jonathan Téhoué

20 Jimmy Smith

Substitutes:

1 Glenn Morris (GK)

6 Luke Ashworth

9 Scott McGleish for Téhoué (68)

10 Sean Thornton for Chambers (68)

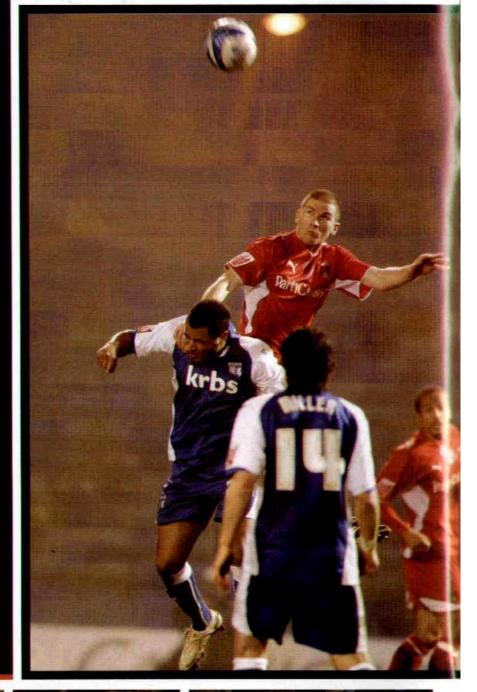
16 Andrew Cave-Brown

17 Loick Pires

22 James Scowcroft for Doran (83)

Goal: Mkandawire 72 Booked: Chorley

Referee: Darren Sheldrake Attendance: 4,753 (395 away)

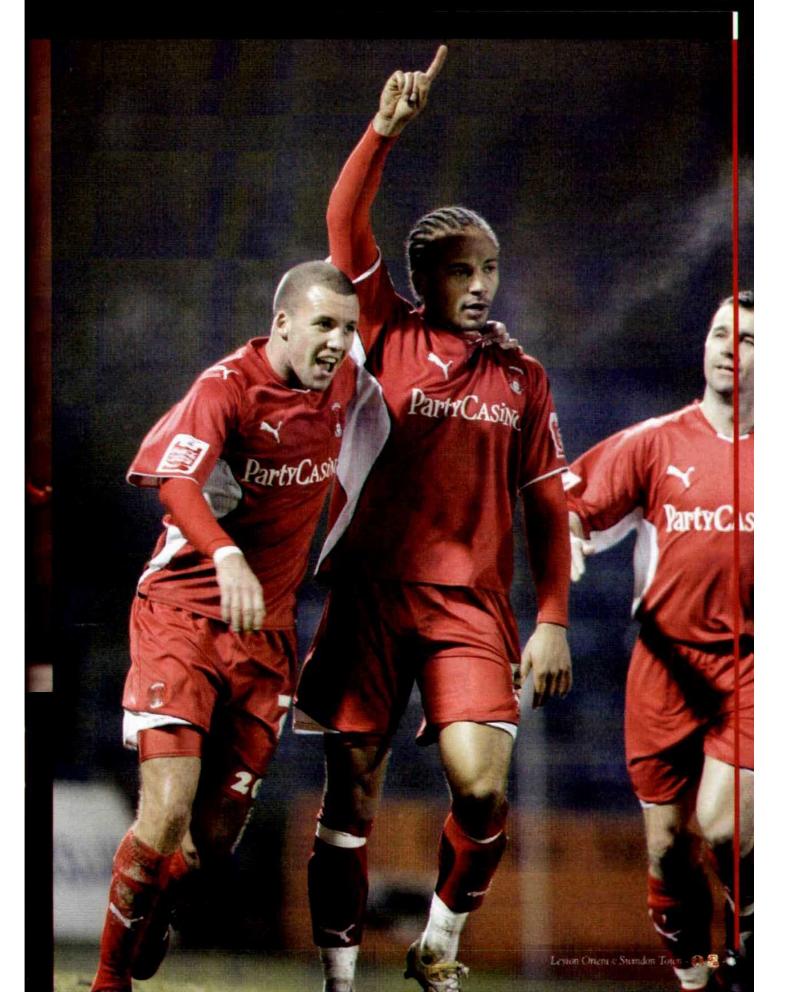








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"QUOTES"

Geraint Williams: "If you look at it over 90 minutes it probably was a fair result. They had a few decent chances and we created some in the second half, although we didn't create anything in the first really.

The first 10, 15 minutes I thought Gillingham were on top, but then we had enough possession to get a foothold in the game. Our quality in the final third was nowhere near good enough - our crossing was poor and the strikers never looked like getting on the end of things.

"It was only really in the second half that we started creating chances. We kept them penned back for a bit in the period leading up to our goal and it was a fantastic finish from Tam worthy of any striker.

The Action

3 mins - Gillingham carve out an early chance when Simeon Jackson's ball around the corner feeds Rene Howe, whose shot across goal slides wide of the far post.

8 mins - The home side make the most of their next opportunity, Chris Dickson forcing home from close range after Jamie Jones fails to hold on to Jackson's low drive.

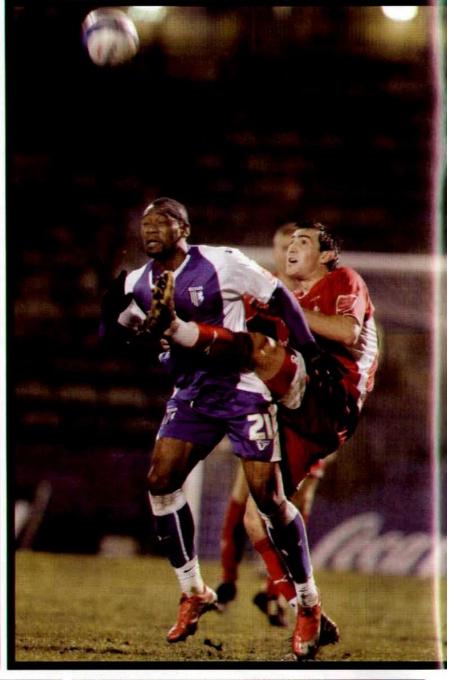
41 mins - Jackson wastes a great chance to double Gillingham's lead, lifting his effort over the top after he breaks the O's defensive line to run onto Danny Jackman's ball forward.

48 mins - The Gills are also the first to show their teeth after the break when Kevin Maher touches a free kick short for Adam Miller to drill goalwards, and Jones clings on by the foot of his post

53 mins - Orient go close for the first time when debutant Aaron Doran collects a pass from Charlie Daniels, turns and curls and effort wide of the far post.

62 mins - Onent's threat is growing, but Gillingham go close to a second when Dickson meets Maher's inswinging corner only for Jones to make a super reaction save.

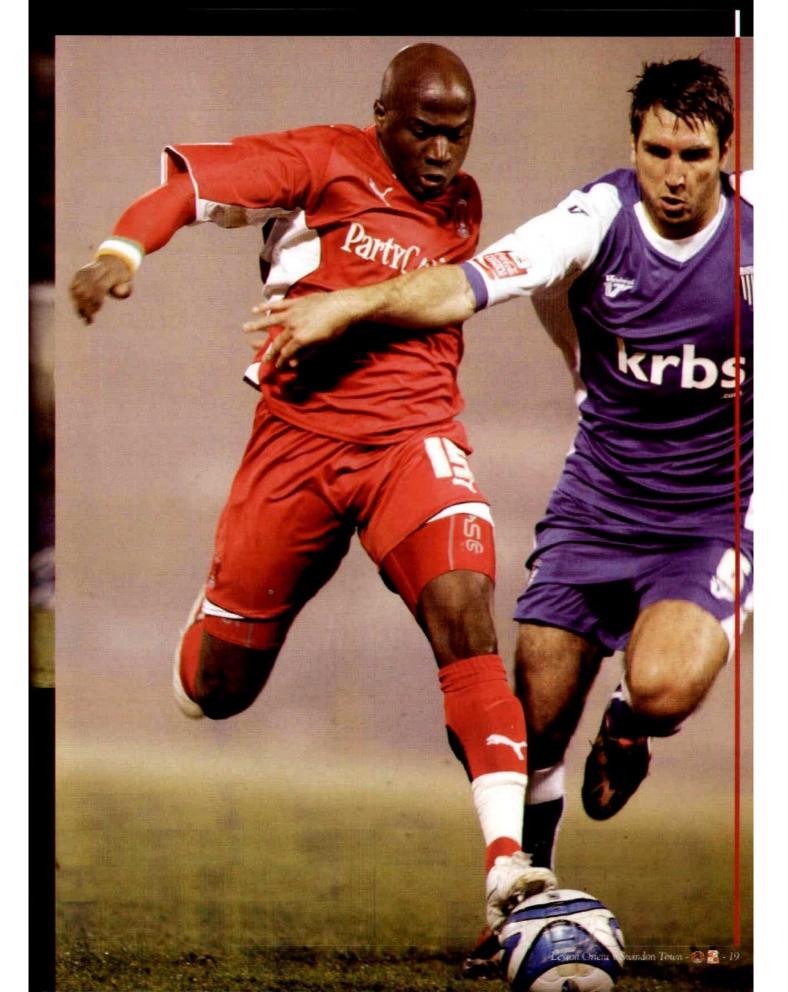
72 mins - Tamika Mkandawire grabs the equaliser the O's were threatening when he thumps home with his left foot after the home side can't clear a Daniels free kick effectively. 76 mins - Gillingham waste the best opportunity to seal the points when Garry Richards heads Maher's free kick wide when scoring seemed easier.







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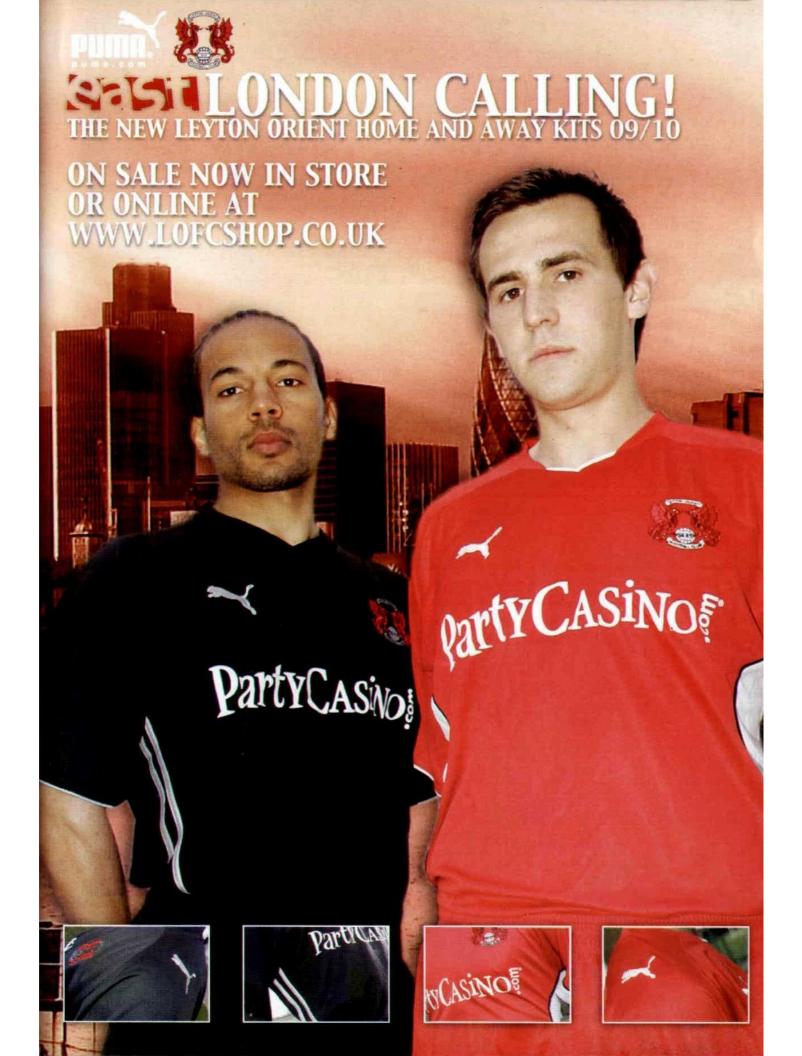
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"WE BELIEVE WE CAN MATCH ANYONE"

WELCOME back to Brisbane Road for this afternoon's game against a Swindon Town side that is really flying at the moment.

They have put together a great run recently and are 12 unbeaten in the League and are having a good season.

So it's going to be another tough game here at the Matchroom but, as we proved against Leeds United in our last home game, we believe we can match anyone and we will be looking to do the same today.

Danny Wilson has a certain way of playing and Swindon like to pass the ball about but, at the same time, we have only lost one of our last eight games, so we have nothing to fear.

It was great to play in front of a full house in our last match here. The players were all looking forward to it and it certainly lived up to expectations.

All credit to Leeds, they are a good side and put us under a lot of pressure in the first half.

COMFORTABLE

But I thought we looked comfortable after the break and when Tam put us ahead late on I really thought we would go on and win the game.

Unfortunately, Leeds, like all good sides, keep going to the end and they grabbed an equaliser in the 94th minute.

It was devastating at the time, but you have to look at it as a point gained rather than two lost and fair play to Leeds, they beat us with a last-gasp goal at Elland Road earlier in the season.

The fact that they score so many times in the

closing stages underlines just what a good side they are and that they never give up.

After that, we were brought back down to earth with a bump when we lost at Tranmere Rovers last weekend.

It was disappointing to come home empty-handed, but they play a certain way and we found it difficult in the first half. Tranmere were quick out of the blocks and they got the ball in behind us and we never really came to terms with it.

HIT BACK

But we hit back in the second half and could have ended up with a point. In the previous away game at Carlisle we had come back from 2-0 down at halftime and we had the belief that we could do it again, but it just wasn't to be on this occasion.

After that it was off to Gillingham on Tuesday night and, once again, we went a goal behind early on, which seems to be a recurring theme at the moment.

However, we showed that we had the character to fight back and ended up taking a point.

But we will be looking to get on the front foot from the start of today's game as we don't want to be playing catch up again.

Stephen Purches in conversation with Trevor Davies





SEASONS PAST

In this feature, we trawl through the scrapbooks of Orient history recalling some of the memorable and not so remarkable past seasons of the club. This time around, the focus falls on season... 1985/86

Relegated at the end of the previous season, we began life in Division Three with aspirations of regaining our place in the upper sphere at the first attempt although manager Frank Clark had retained his position despite persistent rumours for much of the summer that he would be replaced. Amongst changes to the playing staff from the season before were the additions of goalkeepers Peter Wells from Millwall and Dean Greygoose from Cambridge United, full-back Kevin Dickenson from Charlton and John Sitton from Gillingham. Going through the exit doors were goalkeeper Rhys Wilmott, who had been on a season's loan from Arsenal, defenders David Stride and Neil Banfield, inside-forward Barry Silkman and forward Richard Cadette.

The new campaign began promisingly and our hopes of an immediate promotion appeared justified when we collected a 3-1 home victory over Tranmere Rovers with

goals by Kevin Godfrey, Shaun Brooks and John Cornwell although just 2,857 were at Brisbane Road to witness the occasion. However, our mood of expectancy became somewhat deflated six days later when the O's produced a wretched display at Roots Hall losing 5-1 to Southend United for whom former Orient striker Cadette scored four goals. The size of the crowd was again concerning as just 2,577 turned up in E10 to see the home side share four goals with Peterborough United but our mood was lifted by two excellent results from our next two matches. We recorded a 2-1 win in a dramatic match at Victoria Park to beat Hartlepool where the hosts' centreforward Bob Newton was sent-off whilst defender Alan Little was stretchered off with a broken leg. We returned to London to complete a 1-0 home win over Port Vale where the effective



Comwell, enjoying a purple patch of form, netted his third goal in two matches.

However, having sown the seeds of hope. Orient then embarked on a three-match winless run in mid-September as inconsistency kicked in, a feature that was to blight our season. We reeled off three successive wins starting at Wrexham where we recorded a fine 3-1 triumph before gaining emphatic home victories, beating Rochdale 5-0 and then Scunthorpe United 3-0 respectively playing some delightfully entertaining football. By now, it was bustling centre-forward Paul Shinners that was producing the goods in front of goal having scored in six consecutive matches with the brace against Scunthorpe taking his tally to eight goals in six games. Not a bad return for a free transfer from Gillingham! His no-nonsense. bustling style found instant favour with the fans who affectionately christened him 'Rambo' and he was to prove an excellent signing finishing the campaign by heading our goalscoring charts with 16 goals from 32 matches despite missing a

number of games through injury. That was a problem that was also to affect him in his subsequent seasons in an Orient shirt before he was transferred to Barnet in January 1989.

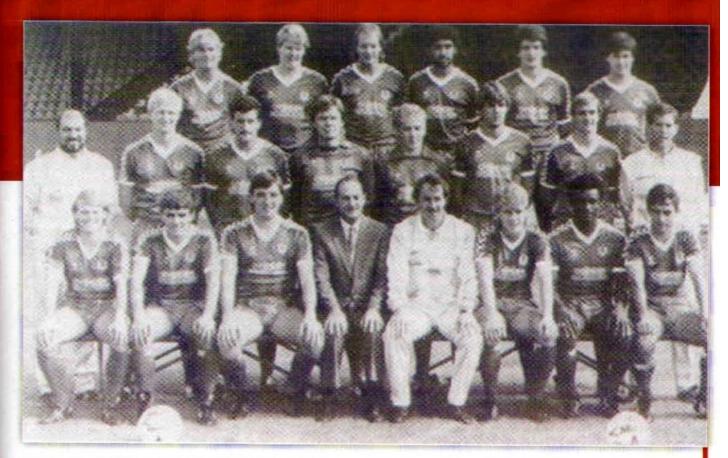
The month of October 1985 saw lifelong supporter Tony Wood join the Board of Directors and he was latterly destined to become the club's Chairman until the collapse of his coffee business in Rwanda forced him into a difficult financial position and putting the future of the club under threat until he famously sold the club to selling to Barry Hearn for a fiver.

Back on the turf, Comwell was again on the scoresheet with the only goal of the game that was sufficient to beat Swindon Town and lift us into fourth place in front of the E10 faithful numbering 3,120 but that was to prove a mere blip for the Robins who were ultimately to be crowned League Champions. At this stage of the season, we had played 20 League matches and won 10 of those games to keep the flames of promotion hope burning brightly. Three unanswered goals at Prenton Park in January saw off Tranmere Rovers with Shinners and Cornwell adding to their tally whilst lan Juryeff chipped in with the other as we completed the "double" over the Scousers. However, once again the mood of anticipation soon abated as the team managed only one win from their next seven matches to halt our surge towards the top of the League. Needing to boost the squad, boss Clark recruited winger Alan Comfort from Cambridge United in March whilst the return to fitness of Juryeff, after an en enforced spiel on the treatment table, offered another welcome boost to the attacking options.

The revitalised side gained 2-2 draws with Scunthorpe and Exeter before regaining the winning thread with a 4-2 home win against Torquay although the crowd had now dwindled to just 1,828. Comfort was to score the first of his 48 goals during his Orient career in the next match that saw us complete a 3-2 away win at Stockport County as promotion hopes were again rekindled with seventh placing in the League. But once again, the anticipation proved premature and hopes floundered as we eschewed vital points succumbing to four successive reverses that all but ended our promotion interest despite dropping just one position in the League table. We did round off the season with a flourish with five wins from our final seven matches although one of the defeats came at the County Ground when Swindon, managed by Lou Macari and who

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	VISION TOOK							
Pos	Club	P	W	D	L	GF	GA	Pts
1	SWINDON TOWN	46	32	6	8	82	43	102
2	CHESTER CITY	46	23	15	8	83	50	84
3	MANSFIELD TOWN	46	23	12	11	74	47	81
4	PORT VALE	46	21	16	9	67	37	79
5	Orient	46	20	12	14	79	64	72
6	Colchester United	46	19	13	14	88	63	70
7	Hartlepool United	46	20	10	16	68	67	70
8	Northampton Town	46	18	10	18	79	58	64
9	Southend United	46	18	10	18	69	67	64
10	Hereford United	46	18	10	18	74	73	64
11	Stockport County	46	17	13	16	63	71	64
12	Crewe Alexandra	46	18	9	19	54	61	63
13	Wrexham	46	17	9	20	68	80	60
14	Burnley	46	16	11	19	60	65	59
15	Scunthorpe United	46	15	14	17	50	55	59
16	Aldershot	46	17	7	22	66	74	58
17	Peterborough United	46	13	17	16	52	64	56
18	Rochdale	46	14	13	19	57	77	55
19	Tranmere Rovers	46	15	9	22	74	73	54
20	Halifax Town	46	14	12	20	80	71	54
21	Exeter City	46	13	15	18	47	59	54
22	Cambridge United	46	15	9	22	65	80	54
23	Preston North End	46	11	10	25	54	89	43
24	Torquay United	46	9	10	27	43	88	37



had already booked their promotion place, handed us a 4-1 defeat. The home side netted through Brian Wade, Dave Bamber, Chris Kamara and Peter Coyne whilst Comfort claimed a consolation for the visitors. Having moved to the top of the table on December 28, Town maintained that position throughout the remainder of the campaign with an amazing sequence of results that saw them lose only one of their remaining 23 matches of which 17 games provided them with maximum points.

Our erratic performances throughout the season had proved so costly and with our fate sealed and settled well before the conclusion to the season, just 1,443 bothered to turn up to Brisbane Road for our final home match of the campaign when a Kevin Godfrey goal earned us the points against Halifax Town.

Steve Castle reserved the best individual scoring performance of the season until the last game. The all-action midfielder netted all four of our goals in the 4-1 win at Rochdale, the first and only occasion in the League that season that he had found the net!

The early rounds of the FA Cup gave us two ties against non-League opposition although we struggled to overcome the threat of potential upsets having drawn 2-2 at both VS Rugby and then Slough Town before winning the replays. A Third Round clash at Oldham Athletic was our reward and we took the opportunity of maintaining our interest in the competition with a 2-1 success at Boundary Park before an icy Hillsborough pitch proved our undoing where we were thrashed 5-0 by Sheffield Wednesday.

The League Cup offered us a glamour tie and a chance to shine

when we were paired against Tottenham Hotspur thanks to a 5-3 aggregate win against Aldershot in the First Round. The star-studded Spurs, fielding a team worth £2million, started brightly enjoying the greater possession but the O's responded growing in confidence as the game progressed to produce their best performance of the season. Kevin Godfrey captured all the headlines with both goals in a 2-0 win in front of a 13,828 attendance and although the O's had the task of going to White Hart Lane for the second leg seven days later, the nature of their home win indicated that a major upset could be on the cards. However, the underdogs opted for a defensive strategy for the return fixture allowing Spurs possession and territorial advantage that allowed them to dictate matters. It was only when the north Londoners netted a third goal to lead the tie for the first time, that we broke free of our defensive shackles but the damage had been done and the home side added a fourth goal to run out 4-2 aggregate winners.

League appearances: Kevin Dickenson 46, Peter Wells 45, John Cornwell 43(3), Chris Jones 40(1), John Sitton 39, Colin Foster 36. Shaun Brooks 35(3), Andy Sussex 35(1), Paul Shinners 32(2), Kevin Hales 31, Ian Juryeff 25(2), Steve Castle 19(4), Alan Comfort 15, Tommy Cunningham 13, Kevin Godfrey 13(3), Lee Harvey 11(1), Peter Mountford 11(4), Pat Corbett 10, Stephen John 8, Dean Greygoose 1.

Goalscorers: Shinners 16, Juryeff 10, Jones 9, Cornwell 8, Brooks 7, Comfort 5, Castle 4, Godfrey 4, Sussex 4, Cunningham 2, Foster 2, Hales 2, Harvey 2, Dickenson 1, Mountford 1.





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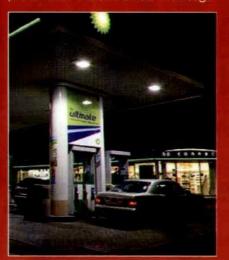
THE HOME OF LONDON FOOTBALL

ONE OF the elements of my job is travel both domestically, up the highways and byways of England, and further afield using the skyways of Europe. In both respects there are many pros and just a few cons.

Don't get me wrong it is an honour as well as a pleasure to be working at games, be they at the Stadio Giuseppe Meazza in Milan or Victoria Park in Hartlepool, watching and talking about football is always fun and there is always someone interesting to discuss the sport with

The journey itself can be a joy in itself but as anyone here today who's travelled to an away game will probably testify it's also full of potential frustrations.

Roadworks, miles of traffic cones and late night diversions seem to be an increasing phenomenon and an intimate knowledge



of side-roads is becoming a very useful skill to have.

Another annoyance is the cost of stopping on the motorway. Yes service station prices are one of those subjects that often turn me and my colleagues into 'Grumpy Old Men.' Despite the best intentions of preparing for a journey with provisions, often the best laid plans go awry and a stop or two is required.

I still gulp in a sharp intake of breath when I observe a bottle of water priced at around two pounds and guffaw at the cost of some of the limited food which is usually on offer. Such establishments have a captive market and as a result know that they can set their prices at a higher rate than if they were on a competitive high street.

We as football fans are regular patrons of service stations and no doubt contribute quite handsomely to their turnover, just look around you when you stop on a Saturday. But with the amount of belt tightening that's going on at the moment I wonder whether there will be pricing policy changes in the future.

Further afield, this week I was in Milan for the Internazionale against Chelsea Champions League game at the Stadio Giuseppe Meazza, or San Siro. The magnificent ground is shared by the city's big rivals and they each lay colourful and

BBC LONDON 94.9FM



Phil Parry

Despite the best intentions of preparing for a journey with provisions, often the best laid plans go awry and a stop or two is required.

passionate claim to the ground on matchday.

Whilst there, the inevitable discussion grew into why in other countries ground-sharing between clubs doesn't appear to pose major problems while here it is never considered. Why can't Liverpool and Everton build a shared facility on Stanley Park for example? Or why do Spurs now want to build a new ground when Arsenal have not long moved into one, could not the two clubs have got together?

The arguments against such proposals are long and complicated, but one point in favour of sharing a new ground got interesting nods. What is it that makes a club, the players, the board the ground or the fans? Certainly an interesting place to start with the debate anyway.

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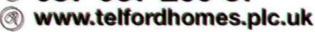
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NUMBERS GAME

We continue this feature as we look through the pages of Orient history with a numerical look at relevant facts and figures.

46

The number of appearances in an Orient shirt made by Waltham Forest-born Dave Morrison who joined the club from Peterborough United just before transfer deadline day in March 1997 for a £25,000 fee. The winger, who scored three goals for the O's, made an immediate favourable

impression with the Brisbane Road faithful but his career was put on hold when he suffered a serious and career-threatening cruciate knee ligament injury in the opening match of the 1997/98 season playing against Cardiff City. That was to sideline the player for seven months during which time he was a regular visitor to Lilleshall working his way back to fitness under the attention of the physiotherapy team. He did make a comeback before moving to Dover Athletic in January 2000 ahead of a move to Bohemians whom he represented in their European Cup qualifiers. He played in their victories against Aberdeen and FC Kaiserslautern whilst also helping the club to a League and Cup double success in May 2001. He left Bohemians in December 2004, joining Kidderminster Harriers but was released in January 2005 and linked up with Tamworth. He later played for Moor Green and Solihull and in the summer of 2008, he joined Swindon as the club's Fitness and Conditioning Coach.

71

The number of times that this afternoon's two clubs have met in League and Cup competition. Orient can claim 24 victories and their opponents 26 wins with the 0's scoring 84 goals whilst Swindon have netted 100 goals. 17 of those Orient successes have been gained in east London whilst the Robins have

managed only seven away wins from the 34 meetings. The highest aggregate of goals came in the clash at Lea Bridge in 1932/33 when Orient won 7-1 whilst the Robins best score is the 5-1 home victory in 1966/67.

114

The number of League and Cup appearances made by Eddie Ware in an Orient shirt. Recruited from Brentford, he was an ever-present in the 1933/34 season when we beat Aldershot by a club record 9-2 score. An industrious left-half, he scored two

goals in that match and he would surely have succeeded to meet the demands of the more recent midfield-centred game where his qualities as a dynamo would have proved invaluable and effective. A reliable player, he only missed one match for the O's in two seasons but, having come under competition for his place during the 1935/36 season, he elected to move to Swindon Town in July 1936. However, he failed to book a regular place in the side playing only five matches for them before transferring to Crewe Alexandra in May 1937 where he was an



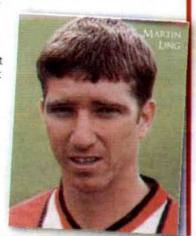
ever-present the next season amongst a total of 68 appearances for the Railwaymen.

168

The number of senior League and Cup matches played by Martin Ling for the O's. A creative midfielder, he began his career at Exeter City in 1984 and made over 120 appearances before moving to Swindon Town in 1968 for £25,000. Three months later, he

moved again, this time to Southend United who paid £15,000 for his services and he amassed more than 150 matches for the Shrimpers scoring 37 goals before returning to the County Ground in March 1991 for £15,000 having spent a short loan spell at Mansfield Town. 'Lingy' was an integral member of the Robins side that beat Leicester City 4-3 in the 1992/93 play-off final but after playing in the Premier League with the Wiltshire club the following season, he signed for Orient in the summer of

1996. A regular in the side for three seasons, he racked up his tally of senior career appearances to 600 plus before spending a brief spell at Brighton. He was soon back at Brisbane Road having been offered the Youth Team Manager's role and he was then appointed as assistant first team manager to Paul Brush before taking over the managerial reins when Brush was dismissed. He is currently manager of Cambridge United.





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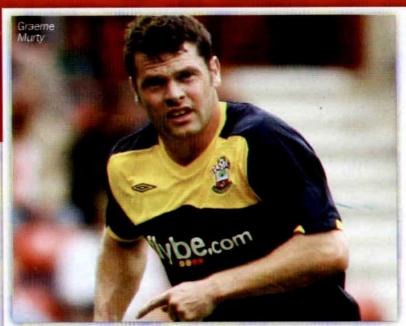
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Johns Davies takes a look at what's happening in League One.



HARTLEPOOL UNITED have signed Sunderland striker Roy O'Donovan on loan until the end of the

The 24-year-old spent a month at Southend earlier in the season, scoring once in five games.

Since joining the Wearsiders from Cork City in July 2006, the Republic of Ireland B international has made 19 appearances but has yet to score.

Last season the Cork-born forward also had loan spells with Dundee United and Blackpool.

O'Donovan went straight into the team to face Carlisle at Victoria Park on Tuesday and helped them to a 4-1 success, setting up the final goal for Ritchie Jones.

CASH-STRAPPED Southend United have brought former Trinidad and Tobago international goalkeeper Kelvin Jack to Roots Hall on a noncontract basis.

GUS POYET has played down speculation he is ready to leave Brighton & Hove Albion and take up a job with Uruguay.

The former Spurs assistant had been linked with the under-20s position back in his homeland.

"I am flattered to be linked to the job, but I have signed a contract here until the end of the next season," said Poyet.

"At the very least I will honour that, but I hope to be here much, much longer."

PROMOTION hopefuls Charlton Athletic have brought in midfielder Johnnie Jackson on a month's loan from Notts County.

The 27-year-old former Tottenham trainee was keen to return to London and went straight into the Charlton team who lost 2-0 at home to Brighton on Tuesday night.

County caretaker boss Dave Kevan said: "It's disappointing. It's mainly for family reasons. His wife is heavily pregnant. She's down in London so it suits him."

TITLE CHASING **ODDS**

Norwich City 10/11 Leeds United 11/8 Colchester United 12/1 Swindon Town 14/1 Charlton Athletic 20/1 Huddersfield Town 25/1 Millwall 50/1

IT'S been a bad week for injuries and League One clubs, as Yeovil Town do not expect defender Stefan Stam to feature again this season after he badly tore a hamstring, whilst Walsall could be without midfielder Dwayne Mattis for at least a month after he required stitches in a nasty leg injury.

Carlisle United are on the hunt for a new goalkeeper after Lenny Pidgeley was ruled out for six weeks with a broken hand and Southampton manager Alan Pardew admitted defender Graeme Murty is facing an uphill battle to play again this season after a setback in his recovery from an ankle ligament inury.

EXETER CITY have brought in striker Marcus Haber on an initial month-long loan deal from Championship side West Bromich Albion.

Haber joined the Baggies from Vancouver Whitecaps last month and is in need of first-team

The 21-year-old has been limited to just two reserve-team run-outs since his arrival in England.

GILLINGHAM'S highly-rated forward Simeon Jackson has spoken out to back under-fire manager Mark Stimson.

Some Gills fans have called for Stimson's head following a poor run of form that sees the club hovering just two points above the relegation zone. However Jackson still has complete faith in his manager.

"He is a great manager and he doesn't allow the players to realise how much pressure he is under at the moment," said Jackson.

'He continues to believe in us as players and we need to prove on the pitch that he is still the right man for the job."



Tranmere Rovers 2 LEYTON ORIENT 1

Coca-Cola League One Prenton Park Saturday February 20 2010

TRANMERE ROVERS

1 Luke Daniels

4 Gareth Edds

5 Ian Goodison

6 Paul McLaren

8 Marlon Broomes

9 Ian Thomas-Moore

11 John Welsh

24 Zoumana Bakayogo

25 Craig Curran

27 Marvin Sordell 28 Luke O'Neill

Substitutes:

3 Aaron Cresswell

10 Alan Mahon

13 Joe Collister (GK)

14 Terry Gornell for Sordell (65)

18 Chris McCready

19 Charlie Barnett for McLaren (90+1)

23 Chris Shuker

Goals: Thomas-Moore 27, Sordell 35

Booked: McLaren, Gomell

LEYTON ORIENT

12 Jamie Jones

2 Stephen Purches

4 Ben Chorley

5 Tamika Mkandawire

8 Adam Chambers

9 Scott McGleish

10 Sean Thornton

11 Jason Demetriou

13 Charlie Daniels

14 Ryan Jarvis

20 Jimmy Smith

Substitutes:

1 Glenn Morris (GK)

6 Luke Ashworth

15 Jonathan Téhoué for McGleish (53)

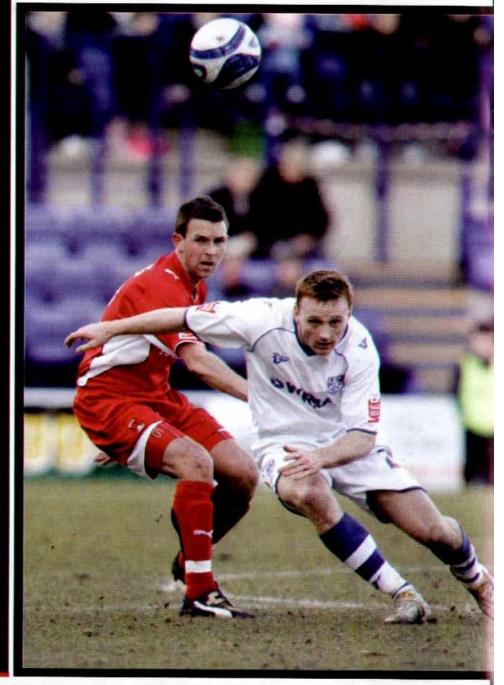
16 Andrew Cave-Brown

17 Loick Pires for Jarvis (78)

22 James Scowcroft for Thornton (53)

23 Adrian Patulea Goal: Téhoué 86 Booked: Pires

Referee: David Foster Attendance: 5,387 (263)







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"QUOTES"

Geraint Williams: "We lost the game in the first 45 minutes. We looked way off the pace in that first half. We weren't aggressive enough as a unit defensively, we didn't look a threat going forward and there was no tempo about the game.

'When we are aggressive in our defending we step on to people, we stop people getting turned and getting shots away. We haven't done that twice today and we've paid the price."

The Action

24 min Paul McLaren delievers a corner from the right which picks out Gareth Edds, and his header is plucked out of the air by Jamie Jones.

27 min - Tranmere break the deadlock when Ian Thomas Moore brings down Marlon Broomes' free-kick, takes the ball inside on his right foot and shoots into the bottom corner from 25 yards. 35 min - It gets worse for the 0's when John Welsh collects Jones' kick in midfield and advances to the edge of the box, where Marvin Sordell takes over to find the corner of the net with his left foot.

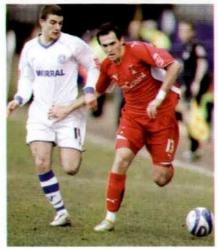
from home keeper Luke Daniels when Ryan Jarvis collects the ball from Sean Thornton, turns and strikes for goal only for Daniels to touch his effort behind. 81 min - O's sub James Scowcroft tries to drag his side back into the contest but his low drive is blocked with a strong hand by Daniels.

83 min - Fellow sub Jonathan Téhoué then thes his luck, finng inches over after latching on to Scowcroft's knockdown.

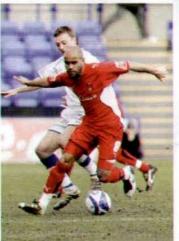
86 min - The Frenchman makes up for that miss when he drills into the bottom corner following Broomes' attempted clearance.

89 min - Orient end the game strongly but are denied an equaliser when Luke Daniels touches Jason Demetriou's stinging free-kick over the top.









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SOCCER SEVENS

THE Leyton Orient's Soccer 7s Tournament is a new and exciting initiative this season for Primary schools in Waltham Forest, Essex and Hertfordshire.

Schools are invited to play in mini-soccer tournaments on the SCORE Community Centre astro-turf behind the West Stand on matchdays. Five teams battle it out in a round robin format with the group winners progressing to the next stage. Four schools will qualify for the Finals Day, which is to be held on the Brisbane Road pitch before the last game of the season against Wycombe Wanderers.

At the presentation ceremonies every player receives a certificate and two complimentary tickets for the afternoon's Leyton Orient game at Brisbane Road. The winning players

also receive a goody bag containing club mementos.

To date the following primary schools have participated:

Northgate (Bishop's Stortford), Manor Fields A & B (Bishop's

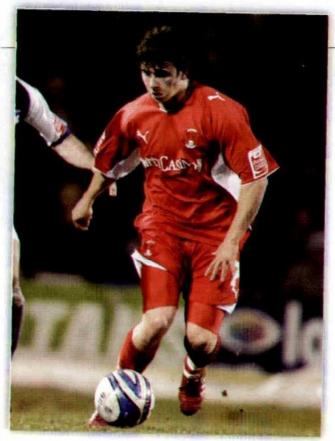


Stortford), St Joseph's (Bishop's Stortford), St Andrew's (Much Hadham), Holdbrook (Waltham Cross), Potter Street (Harlow), Howe Green House (Great Hallingbury), Mandeville (Sawbridgeworth), Spellbrook (Herfordshire)

In the latest group stage the young footballers from St Andrew's triumphed to clinch a place on finals day. They narrowly beat Northgate 1-0 to win the title by a point. Manor Fields and St Andrew's drew 1-1 in a closely contested first game but the Much Hadham School grew in confidence, winning their remaining games without conceding. St Andrew's goals were shared between Luke Maskell. Matthew Farley and Peter Sidey.

Colin Williams from St Andrew's said: "The players, teachers and parents had a thoroughly enjoyable day and many are already asking if they can play in the next tournament. The standard of play and the commitment shown by all teams was impressive, but more importantly was the great spirit in which the games were played."





O'S TAKE BLACKBURN WINGER ON LOAN

BLACKBURN ROVERS winger Aaron Doran has signed for the O's on a month-long loan deal.

The 18-year-old Irishman, who has three Barclays Premier League appearances to his name, signs until March 27 and made his debut in Tuesday night's 1-1 draw Gillingham.

O's boss Geraint Williams said: "Aaron comes highly recommended to us by our northern scout and he's looking forward to getting his chance with us."

A Republic of Ireland under-19 international, Doran graduated from the Rovers Academy to sign his first professional contract at the start of last season, and he ended that campaign by making substitute appearances against Liverpool, Manchester City and Chelsea.

Standing 5'7" tall, Doran is a tricky yet strong winger who is also capable of playing further forward.

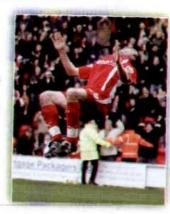
He is contracted to the Ewood Park club until the summer of 2012 and also spent time on loan at Milton Keynes Dons earlier this season, playing four League One games for Paul Ince's side.

He will wear the number seven shirt during his time in E10

HELP MCGLEISH WIN PFA AWARD

ORIENT striker Scott McGleish has been nominated for the PFA Fans' Player of the Month for League One in February.

The veteran frontman, who turned 36 this month, has been in excellent form since the turn of the year, scoring three goals from six appearances, including the equaliser in the 1-1 draw with Brighton in February.



You can help the former Colchester and Northampton man win the award by voting on the PFA website – http://fansaward.givemefootball.com

McGleish faces stiff competition for the prize in the shape of Southampton striker Rickie Lambert, Leeds United duo Luciano Becchio and Casper Ankergren, and Norwich hitman Chris Martin.

Every month of the football season, four fans who have voted for the divisional winners get the chance to present the PFA Fans' Player of the Month Award to their football hero on the pitch at a home game. One of the yearly fan winners will be selected at random to win the overall prize of attending the prestigious PFA Player of the Year Awards Dinner.

The awards are endorsed by the players and supported by the Premier League, Championship, League One and League Two clubs and The Fans Supporters Federation. The PFA's commitment to this award confirms the organisation's belief that fans, as well as players, are the lifeblood of the game.

Visit http://fansaward.givemefootball.com to register your vote.

WELCOME TO VALLEY GREEN JFC

A BIG welcome to the youngsters from Valley Green JFC, who are attending today's game against Swindon Town.

Valley Green JFC were founded in Witham, Essex in 1971 and was one of the first independent junior football clubs to be awarded the FA's Charter Standard Club status. They were also one of the first junior clubs to visit and play overseas with their first trip being in 1974, a visit that has been repeated annually since.

They currently run teams from under-7 to under-15 and the two teams attending are the under-12s who play in the first division of the Blackwater and Dengie Football League with the under-7s affiliated to that league as well.



LOAN DUO RETURN TO PARENT CLUBS

NICKY ADAMS and Matthew Briggs have returned to their parent clubs after their loan spells with the O's came to an end following the recent 1-1 draw against Leeds United.

23-year-old winger Adams started all six games of his loan from Leicester City, and 0's boss Geraint Williams was keen to extend his loan, but Leicester have opted to call him back to the Walkers Stadium.

Briggs, 18, played in the 2-0 win over Yeovil Town in January, but was behind Ben Chorley and Tamika Mkandawire in the pecking order at centre half and he will now return to Fulham.

O's boss Geraint Williams said: "Nicky has been fantastic and he's enjoyed his time down here.

"He wanted to stay and we wanted him to stay but Leicester, as is their right, wanted to recall him.

"Matthew came in and played in the win over Yeovil, which was pivotal to the start we've had this year, and he's kept the centre halves on their toes.

"We thank Fulham and Leicester and we wish both lads all the best, but it may be that if something changes here or at their clubs, we try to get them back, which we'd love to do."

Meanwhile, young O's winger Harry Baker, who was on loan at Blue Square Premier side Grays Athletic, has now returned to Brisbane Road and was an unused substitute against Leeds.

BACK O'S FAN IN CHARITY RUN

ORIENT fan Morris MacDonagh is competing in the Newham London 10k run on Sunday March 7 and is calling for fellow supporters to help support his chosen charity.

Morris is running in aid of the London Irish Centre charity, a community welfare, drop in and advice service to the elderly Irish community in London.

Donations can be made at

www.justgiving.com/morrismacdonagh or direct to the charity at The London Irish Centre, 50-52 Camden Square, London, NW1 9XB. All proceeds go to the charity and any donation no matter how large or small will be appreciated.

RISES TO THE CHALLENGE FOR SPORT RELIEF 2010

SPORT RELIEF is back and bigger than ever and Leyton Orient is proud to lend its support by challenging true O's to get sporty, have fun and raise cash by entering the Sainsbury's Sport Relief Mile in London on Sunday March 21.

The London Mile is one of hundreds of Sport Relief Miles taking place across the country on March 21 2010 and we want you to get those running shoes on and join us to make this year's event bigger and better than 2008.

Anyone taking part can choose to do one, three or six miles – and supporters are being urged to show their true colours and wear their Orient home or away shirts with pride

while taking part — along with the official Sport Relief sock, of course! Sport Relief harnesses the power and passion of sport to change lives for the better. And, the best bit is, all the cash raised will help to transform the lives of those in desperate need across the UK and the world's poorest countries.



Sun 21 March

On great saves

SO, TOMMY,
what'S YOUR
FAVOURITE SAVE OF
THE SEASON SO FAR?



THE BOSS NOT TURNING ON THE HAIRDRYER AT HALF TIME.

The goal of Great Saves is to help **Helping you save energy** families reduce the amount of **Helping you save energy** energy they use at home. There are lots of useful tips on our website **We're on it** and we're giving everyone the chance to win great football prizes. **We're on it** If you're an E.ON customer, you could also win Football League tickets, training day visits and signed shirts. To enter, play our 'A Question of Saves' game online. It's well worth a shot.

JUB|QUE



For your chance to win, visit eongreatsaves.com



PHONE/FAX: 020 8988 8288 EMAIL: LOSCINFO@AOL.COM KEEP IN TOUCH WITH WHAT'S HAPPENING AT THE SUPPORTERS' CLUB ON... WWW.ORIENTSUPPORTERS.ORG

ORE ALE!



Our photo shows the supplementary LOSC ale bar as it was being prepared for this week's ale festival.

It was eventually to be lined up with some twenty casks ready and waiting for the thirsty hoards of customers to drain them at their usual rapid rate. A further ten ales plus ciders and perries were similarly available over at the main bar thus providing a great selection of alcoholic delight for everyone's enjoyment.

Our next major ale event takes place on April 1, Maundy Thursday, when we have a special late pre-Easter Ale Night featuring a selection of ales from the highly popular...



DARK STAR BREWERY

The club will open at 5pm through to midnight

England v Egypt

Wednesday March 3

International Friendly live from Wembley Come along to the Supporters Club next Wednesday and watch England in action as they prepare for the 2010 World Cup.

The club will open at 5pm - everyone welcome!

THURSDAY ALE NIGHT

A reminder that the next Thursday Ale Night at the club will be on Thursday March 11. The club will open at 6pm

star man tickets



We have recently been advised by one of our regular Star Man guests that due to family reasons he and his party will not now be able to attend this year's dinner.

We therefore now have a few tickets available for sale and will be happy to reserve them on a first come, first served basis.

The tickets are priced at £52.50 each - to include a four course dinner, meet and greet the players, management and another group of popular former O's players, the awards presentations followed by dancing until late:

Call at the club and speak to Simon if you are interested in oining us for a great O's night out or email us at the above address and we will contact you.

Away Travel



OLDHAM ATHLETIC

Tuesday March 9

Subject to a sufficient number of bookings the club is prepared to run a coach for this fixture. The departure time will be 2.30pm and the fare will be calculated dependent upon the numbers travelling. If you are interested in travelling please call at the club today and speak to Tony Wilson or call the travel line.

SOUTHAMPTON

Easter Monday April 5

Return fare: £15 - Departure time to be confirmed

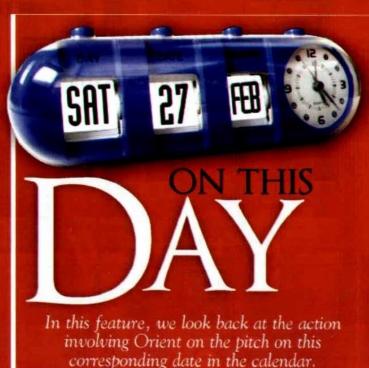
NEW RAIL TRAVEL FACILITY!

EXETER CITY

Saturday April 10

Return fare from Paddington to Exeter St David's: £35 Rail travel for this trip is being made available as part of a new rail travel service that the club is now able to offer as an alternative to coach travel for suitable fixtures. All times to be confirmed. Bookings may be made in person at the Supporters Club - full payment in advance by cash or cheque - or through an on-line/telephone booking facility by credit/debit card that is being set up with our travel operators.

Book at the Supporters Club today or call the Travel Line on: 07722 135970



ORIENT teams have competed in 15 matches thus far on this date in the calendar and the results have proved a mixed bag of fortunes with seven victories and two draws whilst we have netted 22 goals and

Our first five encounters on this day were all on home territory and provided four of those victories starting with the mid-table fixture against Birmingham City in 1909 when two goals from Fred Parker and one from George Scott gave us a 3-2 win and the Division Two points. Six years later, lowly Lincoln City were beaten 3-1 thanks to a brace from Richard McFadden that included a penalty plus a strike from Bob Dalrymple. A Tommy Dixon goal in 1926 earned us a welcome point at Fulham as we successfully battled to stave off relegation with a 1-1 draw but by the time we were seen again on this date, both clubs had fallen into Division Three (South) whilst the O's had also moved from Millfields Road to Lea Bridge.

The Cottagers were destined to be crowned champions of the division at the end of that season to ensure their return to the higher status and an attendance of 11,014 saw them help their cause with a 1-0 away win in east London. Five years on, Northampton Town paid a visit to Lea Bridge during our last season at that site and we eased our way to a couple of League points with a 3-1 success with goals by Harry Smith, Ted Crawford and Idris Miles watched by 5,095. It was not until 1952 that we saw action again on February 27 when we lost 1-0 at Bristol Rovers whilst

Matches in focus...

1960

A cracker of a contest as Division Two leaders Cardiff City arrived at Brisbane Road to face a home side lying in ninth position in the League table. The visitors showed themselves to be an efficient and able force displaying their quality in emerging winners having trailed by two goals at one stage. The attendance of 22,980 was the O's best gate of the season and the home side soon had their fans in euphoric mood when Tommy Johnston and Terry McDonald put us

However, the Welsh side turned up the pace and responded with four goals although Johnston did add a third for the Orient taking his aggregate of goals to 22 for the season. The victory gave the men from the Principality the double over their opponents having recorded a 5-1 victory at Ninian Park back in October and the win. extended their lead at the head of the division to three points whilst Orient dropped three places having accrued 31 points from 31 matches.

Orient: Dave Groombridge, Alan Eagles, Stan Charlton, Ken Facey, Sid Bishop, Dennis Sorrell, Phil White, George Waites, Tommy Johnston, Ron Foster, Terry McDonald.

1978

One of the most memorable matches in our history saw us gain a shock 2-1 win at Stamford Bridge against Chelsea. The teams had fought out a goalless draw at Brisbane Road nine days earlier with the home side indebted to goalkeeper John Jackson who pulled off a string of fine saves including a stunning effort five minutes from time to thwart a 25 yard volley from Ian Britton.

That earned the O's a replay in front of a Monday night 36,379 attendance in West London who witnessed a pulsating affair made memorable by a win for the unfashionable East End boys and a double from Peter Kitchen including an absolute stunner. Collecting a pass from Kevin Godfrey, 'Kitch' found his path to goal blocked by three defenders but one by one, he overcame the obstacles. He advanced towards Ron Harris before sprinting past the Chelsea hard-man and then hurdled a lunging tackle from man mountain centre-half Mickey Droy. With sublime skill he then dummied lan



Britton before despatching the ball into the net past the despairing dive of Peter Bonetti to record a fabulous goal and earning a nomination for one of the goals of the season.

Kitchen had joined Orient the previous summer from Doncaster for £40,000 and proved to be one of the finest captures the club has made scoring in every round of the O's cup campaign up until the semi-final defeat by Arsenal whilst he also netted the only goal of the game that ensured Division Two survival in the final match of that season at Cardiff. He explained his knack for scoring goals simply. "I just happen to be in the right place at the right time," he said modestly.

Chelsea had taken the lead after Bill Roffey had scored an own goal but they did not allow for the O's resilience and determination encapsulated by Kitchen's virtuoso performance that captured the headlines and helped the club set-up a quarter-final tie against Middlesbrough as the O's reached the sixth round of the world's greatest cup competition for only the fourth time in their history.

The national press were full of praise for the achievement of the underdogs with the Daily Express capturing the mood with the introduction to their match report 'GLORIENT'. The win also proved a welcome tonic for Orient boss Jimmy Bloomfield who missed the match having been hospitalised after being taken ill leaving the team in the highly efficient care of club coach Peter Angell. Orient: John Jackson, Bobby Fisher, Bill Roffey, Tony Grealish, Phil Hoadley, Glenn Roeder, Kevin Godfrey, Nigel Gray, Joe Mayo, Peter Kitchen, Peter Allen, Substitute - Derek Clarke.

two years later, Swindon Town gained a point after Phil White had netted for the O's in front of a Brisbane Road crowd of 12,466.

The winless run on this date was maintained when Cardiff City won a seven-goal thriller at Brisbane Road in 1960 and five years later, we experienced another defeat when Northampton Town claimed a 2-0 win at the County Ground, the fourth consecutive away match that we had failed to find the net. Our only Cup action on this day came in 1978 and it proved a memorable occasion with the O's winning 2-1 at Chelsea but four years later, the mood was altogether more subdued when a Barry Silkman penalty was all that we could muster in response to three Watford goals in a Division Two affair that further increased our relegation prospects in front of 6,595. The next time that the O's trod the turf on this particular date was back in 1988 when we beat Wrexham 2-1 with goals by Alan Comfort and John Sitton with the crowd mustering 3,448 although those numbers had swelled to 10,768 five years later when champions-to-be Stoke City provided the opposition in E10 and were defeated by a lone Mark Cooper goal.

The long haul to Plymouth Argyle in 1996 proved fruitless as the Pilgrims picked off the points with a 1-0 victory, the first of three successive defeats by that scoreline in a season in which the 0's lost half of their Division Three matches. Our final involvement on February 27 ahead of today's action took place in 1999 when we recorded a 2-1 away win against Brighton & Hove Albion thanks to a penalty from Matt Lockwood and a strike from Carl Griffiths as we improved our Division Three play-off prospects.

1993

A top of the table clash with Stoke City attracted a growd of 10,768, Orient's highest attendance of the season and the best at Brisbane Road since April 1981 when 14,592 saw the local derby duel with West Ham in the old Second Division.

Runaway leaders City brought a sizeable following to boost the crowd figure but it was the O's fans that enjoyed the occasion as the home side prevailed 1-0 to inflict only the third League defeat of the season in 30 matches upon a Stoke side who were destined to be crowned champions by a comprehensive margin at the culmination of the season. The victory maintained Orient's fine home form as they recorded their thirteenth win of the season in E10 having also drawn three matches and suffered defeat on only one occasion in front of their own crowd. Mark Cooper was the hero of the hour when he met a fine cross from Danny Carter on 41 minutes to steer the ball past Billy Mercer in the visitors goal that was to end Stoke's impressive 25-match unbeaten run. It also enabled Orient to narrow the gap between the two sides to 11 points although just one point behind second-placed Port Vale. It was Cooper's sixth League goal of the campaign but he was to suffer an injury in the course of the following week that was to keep him on the sidelines for much of the remainder of the season until a substitute appearance in the latter stages of the

Team manager Peter Eustace voiced his disappointment for the striker saying: "Mark joined the long list of players on the treatment table following an ankle injury in training and I must say I do feel desperately sorry for the lad," he stated. "In the past two or three games he has shown a great deal of commitment and has given everything he possibly had to the cause. Mark played his part on the victory against Stoke with a very good goal and it's not the first time he has done really well and then lost his place through injury. As you are probably aware I have tried very hard - and I'm still trying - to strengthen the squad with a loan signing. But as I have said before, I only want to bring players to this club who I believe will have a positive and beneficial effect in our fight to win promotion. There is a very thin dividing line between success and failure at this level and believe me, that dividing line is not all about talent and ability. It's about total commitment as well."

Orient: Paul Heald, Terry Howard, Dominic Ludden, Vaughan Ryan, Gary Bellamy, Adrian Whitbread, Warren Hackett, Danny Benstock, Danny Carter, Mark Cooper, Ricky Otto (Sam Kitchen).

Also on this day...

WORLD EVENTS...

1723 The death of Sir Christopher Wren at the age of 90. Builder of St Paul's Cathedral at the age of 30, he had become a Professor of Astronomy at Oxford, a renowned polymath and a founder member of the Royal Society. At 31, he turned to architecture, designing a college chapel at Cambridge and a theatre and college buildings at Oxford. When the Great Fire of London destroyed 400 acres of the city in four days. Wren replanned the whole city but although his street plan was rejected, he was asked to rebuild the skyline that included 51 churches and a replacement for the medieval cathedral of St.Paul's. He was also responsible for a number of other leading commissions including Kensington Palace.

1791 - The Bank of England issued the first pound note.

1839 - The first Grand National is run at Aintree, Liverpool.

935 - Radar is demonstrated for the first time at Daventry by Robert Watson-Watt.

BIRTHDAYS...

1927 - Guy Mitchell - American singer.

1928 - Fats Domino - American jazz singer and pianist.



1932 - Johnny Cash - American country and western singer

1932 – Elizabeth Taylor – British-American actress.

1944 - Graeme Pollock - South African cricketer.

1971 - Derren Brown - British psychological illusionist.

TOP OF THE CHARTS...

2004 - Who's David - Busted.

1994 - Without You - Mariah Carey.



1984 - Relax - Frankie Goes To Hollywood.

1974 - Devil Gate Drive - Suzi Quatro.

1964 - Anyone Who Had A Heart - Cilla Black.

1954 - Oh Mein Papa - Eddie Calvert.





YTON ORIENT EDUCATION **WELCOMED TO LONDON 2012'S GET SET NETWO**

PUPILS and teachers at Leyton Orient Community Sports Programme's Education Centre celebrated recently when they were officially welcomed in to London 2012's Get Set network, in recognition of their commitment to the Olympic and Paralympic Values.

Leyton Orient Education Centre, based in the host borough of Waltham Forest, has been moving towards producing links to 2012 in our Education projects for the past few years.

Leyton Orient's Playing for Success (PFS) educational project contains a link to the games or values throughout its programme of study. Senior Education Development Officer Andree Selner sits on the national 2012 PFS Steering Group, which recently gained the Inspiremark for the national 'Pass it On' project.

As the London hub for the Supporter2Reporter Inspiremark project, LOCSP train young sports journalists to write up stories and blogs to a national website covering events linked to sport. We have covered grass roots events, professional matchdays, events linked to 2012 and even been to Canada to report on the Winter Olympics and its legacy.

More recently LOCSP organised a Schools Conference about the 2012 Olympics and introduced the idea of a boroughwide schools 2012 educational project working alongside Waltham Forest's 2012 team. Other projects include a Healthy Lifestyles pack/programme of study and a Citizenship pack/programme of study where the content is focused around the Olympics and Paralympics.

The London Organising Committee of the Olympic Games and Paralympic Games (LOCOG) awarded LOCSP a plaque and certificate to acknowledge their involvement in the London 2012 education programme. They now join schools and colleges across the UK as members of the a special London 2012 community - the Get Set network - and will receive access to exclusive competitions and 2012 Games related opportunities over the coming

Sebastian Coe, chairman of LOCOG, said: "When London won the right to host the Olympic Games and Paralympic Games, we made a clear promise to use the power of the 2012 Games to inspire young people. I am proud to welcome Leyton Orient Education Centre in to the Get Set network for their exciting work around the Olympic Values of friendship, excellence and respect and the Paralympic Values of inspiration, courage, determination and equality."

To earn the right to use the new education logo, and become a member of the new Get Set network, schools and colleges need to register with Get Set, showcase their student-led work around the Values via the dedicated 'Get Set' blog, and complete a short application form. They will receive the right to use the London 2012 education logo on their headed paper, website and school sign.



For more information please contact Andree Seiner, LOCSP Senior Education Development Officer on 020 8556 5973 or email andree.selner@locsp.org or the London 2012 Press Office on 0203 2012 100 or visit their website at www.london2012.com.

To see the work of the young reporters at Leyton Orient - visit: www.radiowaves.co.uk/s2rLevton



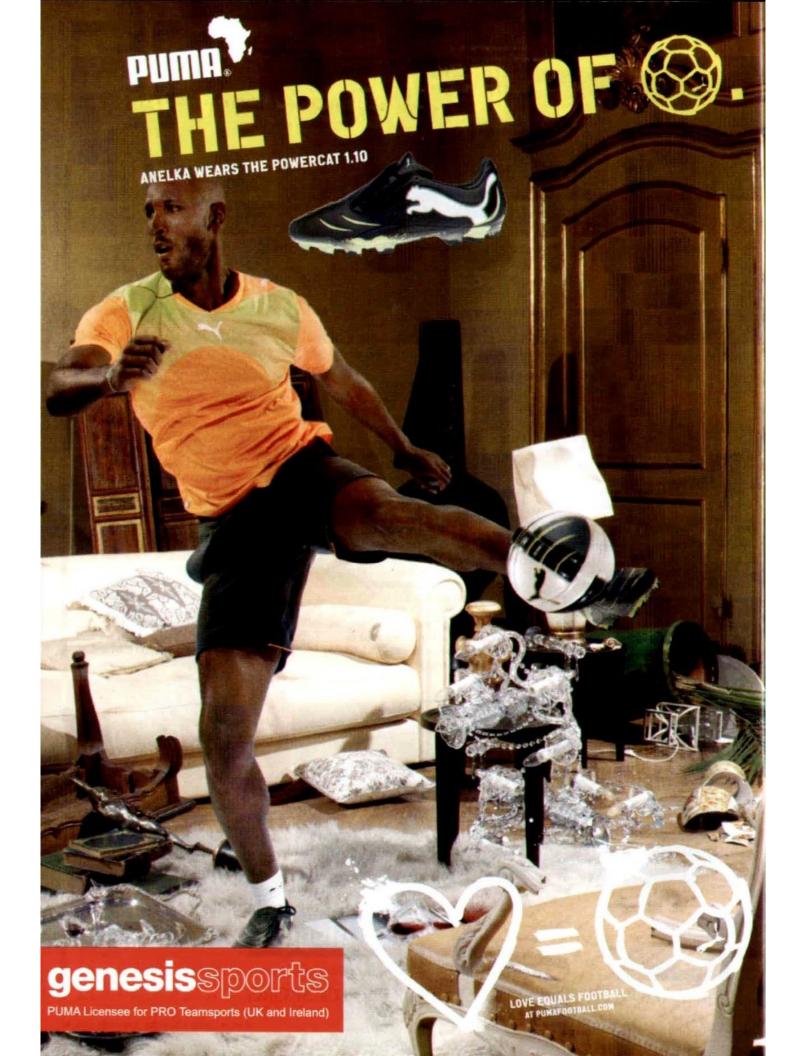


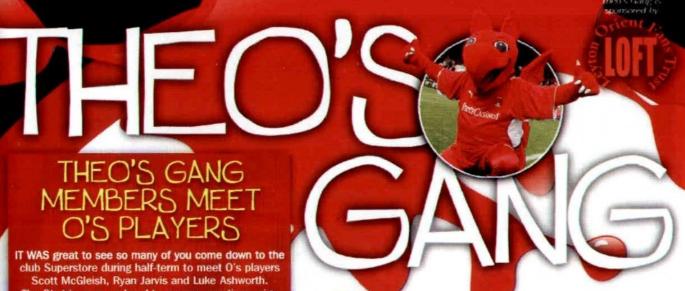




www.locsp.blogspot.com www.twitter.com/locsp

PHONE: 020 8556 5973 EMAIL: ENQUIRIES@LOCSP.ORG WWW.LOCSP.ORG





Hi Gang,

The O's trio were on hand to answer questions, sign autographs and pose for pictures.

Keep your eyes open for your next chance to meet your heroes!



Name: Rhys Stickland

Age: 10

From: Erith, Kent

School: Normandy Primary

School

Hobbies and Interests:

Football, playing the guitar and playing on his

X-Box

Favourite Players: Sean

Thornton, Scott McGleish and

Rhys was due to be the mascot for the Bristol Rovers match however this was postponed due to the bad weather conditions. It was his 10th Birthday on January 16!

Name: Owen Nolan

Age: 7

From: Little Dunmow

School: Felsted Primary

Hobbies and Interests:

Plays football for Great

Notley Eagles

Favourite Players: Sean Thornton and Scott McGleish



After a couple of away games it's good to be back here on our own turf and I know the boys are looking forward to getting back to action after claiming a point at Gillingham on Tuesday. It was important that we bounced back to get that draw after losing at Tranmere and then falling behind to the Gills, and it was a great strike by Tam

A big hello and welcome back to Brisbane Road for this

afternoon's match against Swindon Town.

to get us back level. That's seven he's got for the season now, not bad for a In both of those games we conceded first half goals to make things tough

for ourselves, so let's hope we can get off to a better start today against the Robins.

This one promises to be a tough game. Swindon are flying high and their strikers Billy Paynter and Charlie Austin are banging in the goals. But we've shown what we can do recently when we played Charlton and Leeds and if we repeat those performances I'm sure we can get another result today. Come on you O's!

Theo

HALF-TIME CHALLENGE

SWINDON are today's visitors to Brisbane Road and their nickname is the Robins. They are not the only club in the Football League to have a bird as their nickname. I've hidden some of them here – can you find them? You need to look out for EAGLES, ROBINS, BLUEBIRDS, MAGPIES, OWLS and GULLS

В	L	U	Е	0	S	G	W	L	S
1	S	D	R	I	В	E	U	L	В
R	0	R	1	Ε	C	Α	S	W	1
S	N	U	S	E	В	G	S	E	S
L	N	L	Ε	Υ	Т	L	В	0	E
W	Α	1	В	0	R	Е	L	S	T
0	F	Z	В	T	М	S	U	G	P
D	T	N	G	0	U	T	F	М	G
В	L	Е	E	В	R	0	W	L	Α
С	G	U	L	L	S	Т	S	A	M

one game one community

www.kickitout.org

If you see, hear or are the victim of racial, homophobic or disability abuse call Kick It Out on 0800 169 9414





tat Pac

MANAGERIAL RECORDS

Geraint Williams

Played 48 Won 18 Drawn 12 Lost 18 For 63 Against 65 Av Pts/game 1.38

Biggest Win(s) L Orient 5 Bristol Rvs 0 (02/02/2010). Biggest Loss(es) Norwich 4 L Orient 0 (29/09/2009)

Danny Wilson

Played 55 Won 23 Drawn 20 Lost 12 For 85 Against 69 Av Pts/game 1.62

Biggest Win(s) Tranmere 1 Swindon 4 (31/10/2009). Biggest Loss(es) Gillingham 5 Swindon 0 (08/08/2009).

2009/10 LEAGUE STATS



5-0[1], Losses: 0-1[3], 0-3[1], 0-4[2],

1-2[6], 2-3[1], Draws: 0-0[1], 1-1[3],

2-2[4], 3-3[1]

14	Position	5
31	Played	30
9	Won	15
9	Drawn	11
13	Lost	4
41	Goals For	49
47	Goals Against	37
36	Points	56



Wins: 1-0[4], 2-0[1], 2-1[3], 3-0[1],

0-0[1], 1-1[6], 2-2[4]

3-1[2], 3-2[2], 4-1[1], 4-2[1], Losses: 0-1[1], 0-2[1], 0-3[1], 0-5[1], Draws:

MANAGER HEAD TO HEAD RECORD

GAMES SINCE

a win

a home win

an away win

a defeat

a home defeat

an away defeat

a score draw

a no score draw

conceding a goal

scoring a goal

conceding > 1

scoring > 1

keeping a clean sheet

failing to score

back to back wins

back to back defeats

gaining a point

losing a point

win by > one

.....1

Played ..3 Draws ...0 Geraint Williams ... Goals 5 Danny Wilson ...

Goals 7

Player with the most...

shots Scott

McGleish 51

shots on target Scott

McGleish 30 shots off target

Scott

McGleish 21 assists

Sean Thornton 5

crosses

0

0

3

0

3

20

Jason Demetriou 47

fouls

James Scowcroft 39

free-kicks-won

Ryan Jarvis 39





0

0

2

11

3

17

1

0

1

0

0

8

5

20

0

0

12

P	layer mo	with ost	the
	sh	nots	
	E	Billy	
	Pavi	nter 7	4

shots on target Billy

Paynter 38

Paynter 36

Jon-Paul

McGovern 57

fouls

Greer 43

Paynter 50

Tot

3 20

0 13

Player	with	the

shots off target Billy

assists

McGovern 10 Wins: 1-0[3], 2-0[1], 2-1[3], 3-1[1],

crosses

Jon-Paul

Gordon

free-kicks-won

Billy

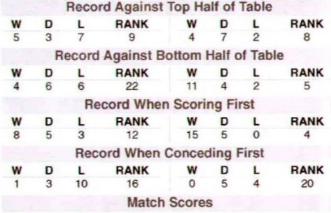
loss by > one SHARP SHOOTERS

L Orient	CCFL	Cup	Tot	Swindon	CCFL Cup	
Scott McGleish	11	0	11	Billy Paynter	17	3
Ryan Jarvis	6	0	6	Charlie Austin	13	0
Tamika Mkandawii	re 6	0	6	Vincent Pericard	4	2

TEAM HEAD TO HEAD RECORD

Played25	L Orient wins7	Swindon wins1
Draws7		Goals 40 (1.6 per game
0-0's3	Times failed to score 9	Times failed to score

Biggest League win at L Orient for each team: 28/03/1964 & 11/03/2008 L Orient 2-1 Swindon 19/12/1964 L Orient 0-3 Swindon



SWINDON - TEN SEASON RECORD

99/00 00/01 01/02 02/03 03/04 04/05 05/06 06/07 07/08 08/09 234 89 10 11 12 13 14 16 17 19 20 23 FLC FL1 FI 1 FI 1 FI1 F11 FL1 FL2 FL1 up to and including 21/02/2010



LEYTON ORIENT 1 LEEDS UNITED 1

Coca-Cola League One Brisbane Road Saturday February 13 2010

LEYTON ORIENT

12 Jamie Jones

2 Stephen Purches

4 Ben Chorley

5 Tamika Mkandawire

8 Adam Chambers

9 Scott McGleish

10 Sean Thornton

11 Jason Demetriou

13 Charlie Daniels

14 Ryan Jarvis

24 Nicky Adams

Substitutes:

1 Glenn Morris (GK)

15 Jonathan Téhoué for McGleish (54)

16 Andrew Cave-Brown

18 Harry Baker

19 Matthew Briggs

20 Jimmy Smith for Thornton (63)

22 James Scowcroft

Goal: Mkandawire 83

Booked: Téhoué

LEEDS UNITED

1 Casper Ankergren

2 Jason Crowe

6 Richard Naylor

8 Neil Kilkenny

10 Luciano Becchio

15 Gary McSheffrey

16 Bradley Johnson

21 Shane Lowry

23 Robert Snodgrass

26 Leigh Bromby 28 Max Gradel

Substitutes:

4 Michael Doyle

13 Mike Grella for Gradel (75)

14 Jonathan Howson for Kilkenny (84)

17 Lubomir Michalik

22 Andy Hughes

25 Alan Martin (GK)

32 Aidan White for Snodgrass (88)

Goal: Daniels og 90+4

Referee: Roger East

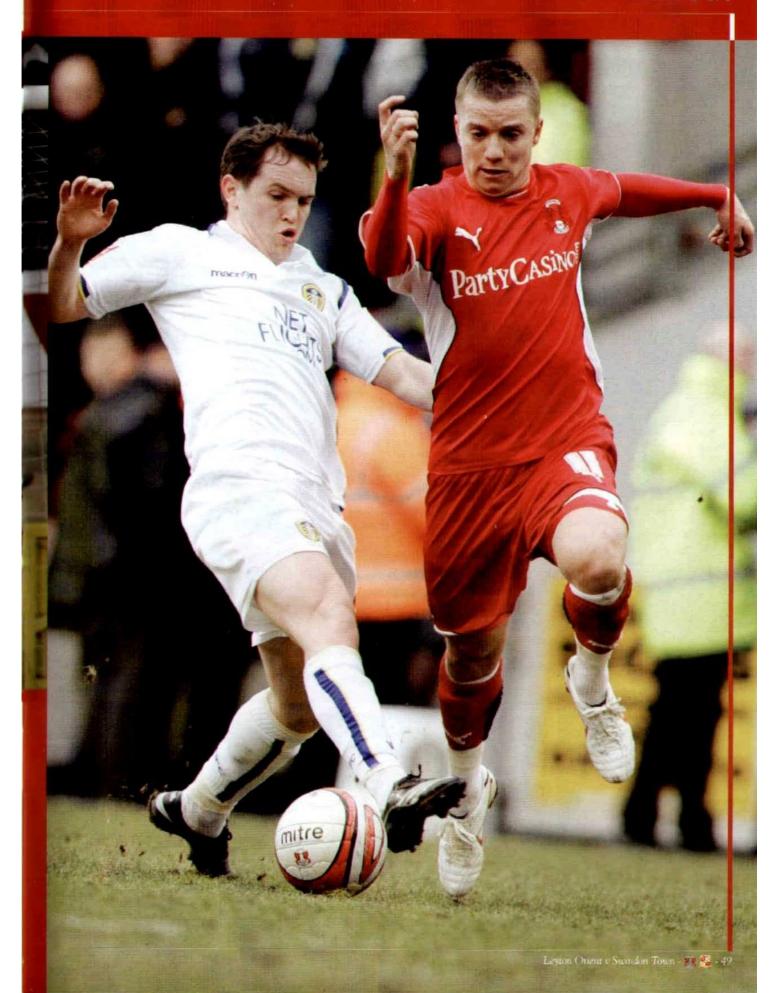
Attendance: 8,013 (2,891 away)







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"QUOTES"

Geraint Williams: "The feeling afterwards is one of disappointment because we've come within 20 seconds of beating Leeds United, But if you look at the game overall, they'll say they deserved a point because we never got going in the first half and they pinned us back for long periods.

'Second half we believed a bit more, got at them and Jamie didn't have a lot to do really. So it's disappointing that it's a draw in the end, but we have to move on and take the point with us."

THE ACTION

8 mins – Jamie Jones comes to the edge of the box in attempting to collect a long free kick, but he is beaten to the ball and it drops for Gary McSheffrey, whose shot drifts over the crossbar. 24 mins – Robert Snodgrass is causing problems down the left and his cross is nodded on by Luciano Becchio at the far post for McSheffrey to head for goal, but Jamie Jones is equal to his effort, diving to the right to save. 35 mins – Snodgrass remains at the hub of Leeds' attacking threat and his low cross is knocked over the top by Bradley Johnson from a good position in the centre.

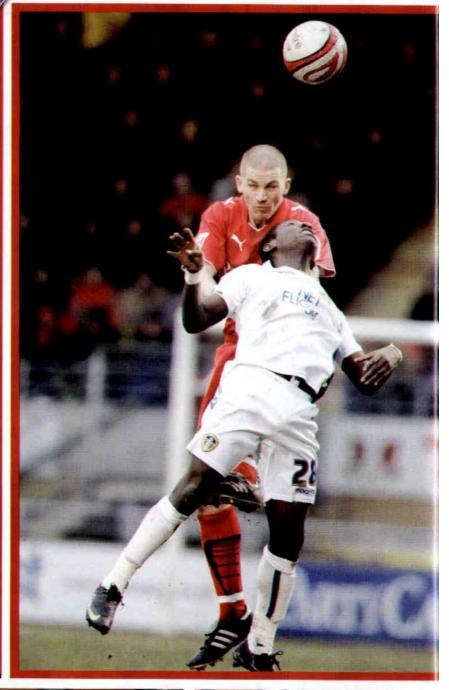
42 mins – Johnson tries his luck again, smashing a free kick inches wide of the mark following a foul by Adam Chambers on the Leeds midfielder.

45 mins – Leigh Bromby is next to go close when his volley is turned away by Jones following a half-cleared corner.

52 mins – Leeds continue to threaten at the start of the second period and Richard Naylor fires over after McSheffrey's free kick bounces off Max Gradel 15 yards from goal.

83 mins – Orient become more of a threat towards the end of the game and their greater adventure is rewarded when Nicky Adams' cross is met with an excellent header by Tamika Mkandawire, which arcs out of goalkeeper Casper Ankergren's reach and drops into the far corner.

90 mins – But Leeds hit back right at the death when the O's can't get a Bromby long throw clear and Becchio's cross-shot is knocked beyond his own goalkeeper by the unfortunate Charlie Daniels.

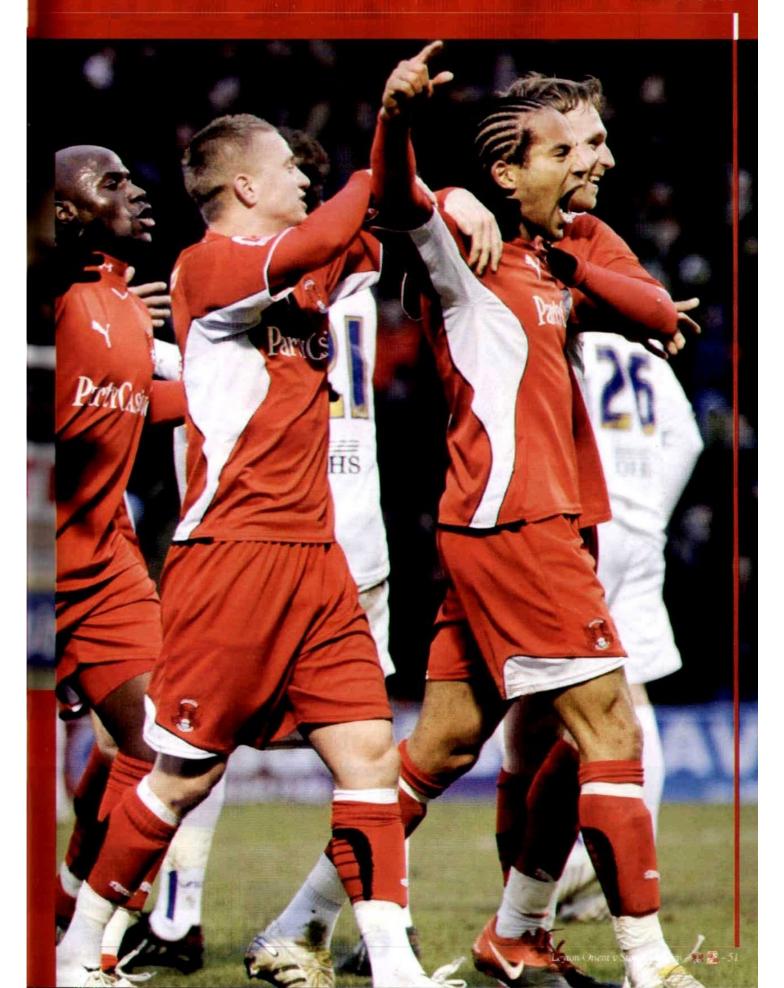








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MK Dons v Leyton Orient

Coca-Cola League One Saturday March 6 2010. Kick-off 3pm



THE CLUB have been sent 500 tickets for this match with more available, up to a maximum of 2000, should demand dictate. Tickets for this fixture are now on general sale from the 0's ticket office with prices as follows:

Adult £6, Senior Citizens (Over 60) & Ambulant Disabled £6, 12-15 years £3, 7-11 years £1 Under 7 Free of charge with full paying adult (maximum of two under 7s per adult) Wheelchair users need to contact MK Dons direct on 01908 622900.

Tickets for a family of four are also available for £9.50 with The Sun's special promotion, which ran recently in the newspaper. See www.thesun.co.uk for full details.

HOW TO GET THERE...

By road: Exit the M1 at junction 14 and take the left-hand filter lane towards Milton Keynes. Continue straight over the roundabout (Northfield) on H6 Childs Way. At the next roundabout (Fox Milne) turn left on to V11 Tongwell Street. At the next roundabout (Brinklow) turn right along the H8 Standing Way (A421). Continue on the H8 Standing Way following signs for Buckingham, continuing over a number of roundabouts, and on reaching the Bleak Hall roundabout turn left onto the V6 Grafton Street and follow signs for the stadium.

By rail: The two stations nearest the stadium are Bletchley (25 minute walk) and Milton Keynes Central (30-40 minute walk).



OLDHAM ATHLETIC V LEYTON ORIENT

Coca-Cola League One Tuesday March 9 2010. Kick-off 7.45pm



TICKETS are on sale now for this match from the West Stand ticket office in Oliver Road. Oldham Athletic offer a discount for tickets bought in advance and prices are as follows:

	Advance	Matchda
Adult	£18	£20
Seniors (over 65)	£9	£11
Juniors (under 16)	£9	£11
Juniors (Under 12)	£3	£3

Tickets for disabled supporters are priced at £18 with the carer free of charge.

HOW TO GET THERE.

By road: Leave the M62 at junction 20 (signposted Rochdale, Oldham) and follow the A627(M) towards Oldham. Leave the motorway at the second junction with PC World on your left (signposted A627). The ground is clearly visible from the roundabout – official parking is available by taking the first exit here.

By rail: The stations on the former Oldham Loop line are currently closed as work is being carried out to convert the line to the Manchester Metrolink tram network. That leaves Mill Hills station as the closest to the stadium, a 45 minute walk away.

TICKETS



Home tickets are available IN PERSON: At the West Stand Ticket Office TELEPHONE: 0871 310 1883 ONLINE: www.leytonorient.com

Leyton Orient v Walsall

Coca-Cola League One Saturday March 13 2010 Kick Off 3pm

Prices for this match are as follows: NORTH STAND...

Adults	£20
Concessions	£13
Under 18s	£5
Under 11s	
(if reserved in advance)	

EAST STAND...

Adults		£20.
Conces	sions	£13

TOMMY JOHNSTON STAND ...

Adults	LZU
Concessions	112
GOTIGGSSIONS	-10

WEST STAND ..

Adults			£22
Conces	sions.		£14

GALLERY

Adults		£35
	ions	
	Package	

We are pleased to be associated with the Leyton Orient Football Club and wish the team and supporters a successful year.

Visit your local branch at 15 the Mall, Stratford, E15 1XL or call 0181 210 2300.

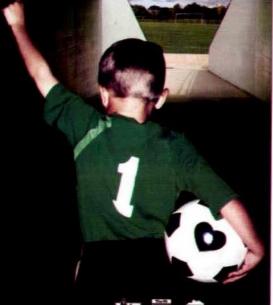


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www.footballfoundation.org.uk













improving facilities • creating opportunities • building communities



FIXTURES 09/10

Date	Opponent F	Result
Sep 1	Brighton & HA (h)	1-3
Sep 8	Crystal Palace (h)	2-9
Sep 16	Gillingham (a)	1-4
Oct 14	Brighton & Hove Albion (a) 1-1
Oct 21	Queens Park Rangers ()	h) 1-1
Oct 26	Brentford (a)	2-0
Dec 8	Eastbourne Borough (h)	4-2
Dec 15	Crawley Town (h)	1-1
Jan 19	Queens Park Rangers (a)	1-0
Feb 9	Brentford (h)	0-3
Mar 24	Eastbourne Borough (a)	
Mar 30	Aldershot Town (h)	
Apr 6	Crystal Palace (a)	
Apr 20	Gillingham (h)	
Apr 28	Millwall (a)	
May 4	Aldershot Town (a)	
TBA	Millwall (h)	
TBA	Crawley Town (a)	

APPEARANCES + SUB (GOALS) 09/10

Jake Argent 3 + 4 (1), Luke Ashworth 5, Elliott Babbs 6 + 1, Harry Baker 8 (3), Harry Beautyman 4 + 2, Chris Benjamin 0 + 3, Joe Boakye 2 + 2, Matthew Briggs 2, Lee Butcher 3, Dan Bygrave 2, Andrew Cave-Brown 5, Adam Chambers 5. Rhys Coleman 2, Callum Compton 0 + 1, Louis Crowther 1 + 1, Laurence Gaughan 1, Jack Giddens 3, Matthew Hall 3 + 1, Samson King 1, Alan Mabuyaku 1 + 1, Musa Manneh 1 + 2, JJ Melligan 3, Cestor Mike 7, Josh Millwood 3, Karl Moore 1, Glenn Morris 2, Takura Mtandari 2, Ryan Nelson 1 + 2, Moses Odubajo 3, Kristian O'Leary 1, Sam Oji 1, Adrian Patulea 5 (3), Stephen Purches 1, Michael Richardson 0 + 2, Rohan Ricketts 1, Loick Pires 9 (6), James Scowcroft 2, Jimmy Smith 1, Darryl Sydes 4 + 1, Jonathan Téhoué 3, Sean Thornton 1 (1)

LEAGUE TABLE 09/10

	P	W	D	L	GD	PTS
Crystal Palace	8	7	1	0	16	22
Brighton & HA	8	6	2	0	11	20
QPR	9	3	5	1	3	14
Brentford	10	4	2	4	0	14
Gillingham	10	3	4	3	5	13
Aldershot T	11	3	3	5	-2	12
Leyton Orient	10	3	3	4	-10	12
Crawley Town	8	3	2	3	2	11
Eastbourne	9	0	3	6	-12	3
Millwall	7	0	1	6	-13	1

RESERVE GAMES REARRANGED

A NUMBER of reserve team fixtures have been rearranged following recent postponements.

The second string's totesport.com
Combination Central Division match
against Aldershot Town at Brisbane Road
will now take place on Tuesday March
30, while the away trip to the same
opposition is now on Tuesday May 4.

The away game at Crystal Palace, originally scheduled for Wednesday February 24, was postponed due to the Eagles' first team being involved in an FA Cup replay against Aston Villa on the same day, and will now take place on Tuesday April 6.

New dates still need to be found for the home clash with Millwall and the away game at Crawley Town.

Orient's reserves currently sit seventh

in the Combination table, with 12 points from their ten games to date – just a couple of points off Queens Park Rangers in third position.

They are next in action on Wednesday March 24 when they make the journey to Sussex to take on Eastbourne Borough.

Orient triumphed 4-2 when the two teams met earlier in the season and they will be hoping for a similar outcome against opponents still searching for their first win of the campaign.

The next home game is that clash with Aldershot six days later. Home reserve team fixtures take place at Brisbane Road, with kick-off at 2pm. Admission is priced at £5 adults and £3 concessions. Orient season ticket holders are admitted free of charge.





tat Pack

SHARP SHOOTERS

Player	Team	Lge	Cup	Ttl
Richard Lambert	Southamptn	19	5	24
Grant Holt	Norwich	18	6	24
Jermaine Beckford	Leeds	18	6	24
Billy Paynter	Swindon	17	3	20
Chris Martin	Norwich	13	6	19
Jordan Rhodes	Huddersfield	14	4	18
Jermaine Easter	MK Dons	12	5	17
Simeon Jackson	Gillingham	12	3	15
Nicky Forster	Brighton	12	3	15

WHERE TO SEE GOALS (By Ground)

Ground	Home Team	M	Gls	G/Mt		
Carrow Road	Norwich	16	54	3.38		
Edgeley Park	Stockport	15	48	3.20		
The Galpharm Stadium	Huddersfield	16	51	3.19		
The Valley	Charlton	16	50	3.12		
St Marys Stadium	Southamptn	13	38	2.92		
Huish Park	Yeovil	16	45	2.81		
Matchroom Stadium	L Orient	16	45	2.81		
stadium:mk	MK Dons	15	42	2.80		
County Ground	Swindon	16	44	2.75		
Banks's Stadium	Walsall	16	43	2.69		
The Memorial Stadium	Bristol Rvs	15	39	2.60		
Prenton Park	Tranmere	15	39	2.60		
Brunton Park	Carlisle	15	39	2.60		
WHC Stadium	Colchester	16	41	2.56		
Elland Road	Leeds	16	41	2.56		
Adams Park	Wycombe	16	41	2.56		
Roots Hall	Southend	15	38	2.53		
Griffin Park	Brentford	16	40	2.50		
Victoria Park	Hartlepool	16	39	2.44		
The New Den	Millwall	16	39	2.44		
Withdean Stadium	Brighton	15	36	2.40		
St James Park	Exeter	16	37	2.31		
Boundary Park	Oldham	14	27	1.93		
KRBS Priestfield Stad	Gillingham	16	29	1.81		
	The state of the s	10.00	1			

TEAM LEADERS

Team with the most...

shots on target 221 Norwich, shots off target 225 Leeds, corners 224 Huddersfield, hit woodwork 17 Leeds. offsides 124 Brighton. fouls 424 Milton Keynes Dons. yellow cards 87 Milton Keynes Dons. red cards 8 Brighton.

PLAYER POWER

Player with the most..

Shots 106 Jermaine Beckford (Leeds). Shots on target 57 Jermaine Beckford (Leeds). Shots off target 49 Jermaine Beckford (Leeds). Assists 12 Wesley Hoolahan (Norwich). Crosses 120 Matthew Robson (Carlisle). Offsides 46 Nicky Forster (Brighton). Fouls 66 Grant Holt (Norwich). Free-kicks won 72 Grant Holt (Norwich).

GOAL COUNTER

985

RIGHT FOOT 550 goals 55.8%

LEFT FOOT 209 goals 21.2%

HEADERS 199 goals 20.2%

Own goals 25 (2.5%), Other body part 2 (0.2%)

QUICK-FIRE GOALS From the start of a match

Chris Martin (MK Dons vs Norwich) 0:17 By a substitute after coming on Kieran Murtagh (Yeovil vs Carlisle) 0:52

DISCIPLINARY



3.3 cards per match

0.2 cards per match

QUICK-FIRE CARDS

From the start of a match Dominic Blizzard (Bristol R vs Charlton) 0:26

By a substitute after coming on Graeme Smith (Huddersfield vs Brighton)

2009/10 SEASON



In the Coca Cola RESULTS Football League

One this season

How many times each result has occurred this season home sides score shown first

there have been 3873 shots on target, goals constitute 25.4% of all shots (doesn't include own goals). The woodwork has come to the rescue of the defending side on 185 occasions (the biggest beneficiaries being Milton Keynes Dons 13). There have been 111 penalties awarded this season and of those 83 have been scored (a success rate of 74.8%). Swindon have been awarded most penalties - 8 Tranmere have given most penalties away 7. The team to score the most penalties is Swindon 7. Millwall missed 3 penalties in the Coca Cola

0-0 29 0-1 31 0-2 12 0 - 33 3 0 - 42 0-5 1-0 33 1-1 47 1-2 20 1-3 11 1-4 2 1-5 1-7 1 2-0 33 2-1 46 2-2 24 2-3 8 2-4 2 2-5 1 3-0 14 3-1 15 3-2 7 3-3 4 3-4 1 3-5 4-0 6 4-1 4 4-2 3 4-3 4-4 4-5 5-0 4 5-1 2 5-2 1 5-3 6-0

SUB TOTALS

Subs used1782 Offsides2146

Corners4166

Shots Off Target3636

BEAT THE TRAFFIC

Football League

One this season.

Total number of goals you would have missed by leaving every match ten minutes early

*up to and including 21/02/2010



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YOUTHS BEATEN BY CHAIRBOYS LEYTON ORIENT 0 - 1 WYCOMBE WANDERERS

Football League Youth Alliance South East Conference, Saturday February 13 2010

ORIENT'S youngsters fell to defeat against Wycombe Wanderers in their latest Youth Alliance fixture two Saturdays ago.

With youth team manager Andy Edwards re-jigging his side to look at players in unfamiliar positions, there was an experimental look to the O's line-up, but they were nevertheless unfortunate not to take anything from the game.

Edwards said: "Over the 90 minutes we were the better side and we probably got less than we deserved from the game.

"But that said, this game was more about the players' development than the result and it was useful to see the players in different roles."

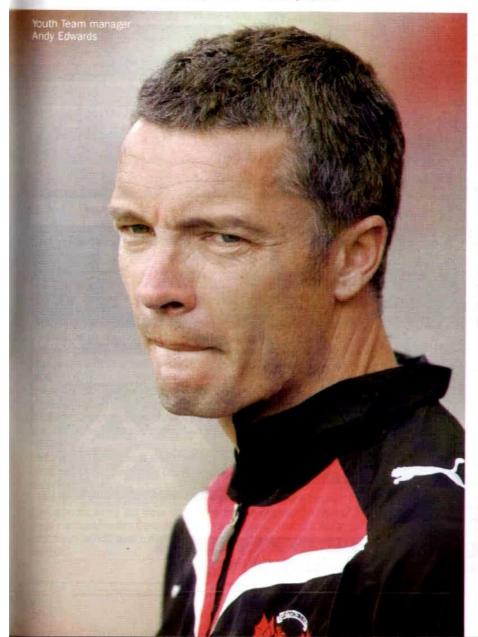
Orient performed well as they searched for their fourth Youth Alliance victory of the campaign, and they came close to scoring when an excellent header from Chris Benjamin struck the post.

But they paid the penalty for a defensive lapse and ended up losing by the solitary goal.

Orient: Jack Giddens; Josh Millwood, Rhys Paul, Elliott Babbs (Stephen O'Hara 78), Ryan Nelson; Moses Odubajo, Michael Richardson, Harry Beautyman (Callum Compton 62), Cestor Mike (Anthony Okadigbo 68), Musa Manneh; Chris Benjamin

Subs: Alan Mabuyaku

 Please note that the youth team's Football League South East Conference trip to Dagenham & Redbridge, postponed earlier in the season, has been set for Saturday April 3.



FOOTBALL LEAGUE Youth Alliance

FIXTURES AND RESULTS 2009/10

Date	Opponent	Result
Aug 15	Aldershot Town (h)	1-1
Aug 22	Southend United (a)	2-2 0-0
Aug 29	Dag & Red (h)	0-0
Sep 12	Gillingham (h) (YAC)	1-1
Sep 19	Northampton (a) (YAC)	2-4
Aug 15 Aug 22 Aug 29 Sep 12 Sep 19 Sep 26	Luton Town (a) (YAC)	2-0
Oct 3	Peterborough (h) (YAC)	1-5
Oct 3 Oct 10 Oct 17	Gillingham (h) (YAC) Northampton (a) (YAC) Luton Town (a) (YAC) Peterborough (h) (YAC) Peterborough (h) (YAC) Colchester United (a) Brighton & HA (h) Gillingham (a) Bromley FAYC1 (h) Southend United (h) Swindon Town FAYC2 (a) Colchester United (h) MK Dons FAYC3 (a) Gillingham (h) Blackburn Rovers FAYC4 Millwall (h) Aldershot Town (a) Wycombe W (h) QPR (a)	0-2
Oct 17	Brighton & HA (h)	5-5
Oct 24 Nov 3 Nov 7	Gillingham (a)	1-1
Nov 3	Bromley FAYC1 (h)	2-1
Nov 7	Southend United (h)	3-3
NOV 18	Swindon Town FAYC2 (a)	2-1*
Nov 21	Colchester United (h)	2-0
Dec 2	MK Dons FAYC3 (a)	3-1
Nov 21 Dec 2 Dec 12	Gillingham (h)	1-0
Jan 18 Jan 23 Feb 6	Blackburn Rovers FAYC4	(a)0-1
Jan 23	Millwall (h)	3-2
Feb 6	Aldershot Town (a)	0-3
Feb 13	Wycombe W (h)	0-1
Feb 27	OPR (a)	
Feb 13 Feb 27 Mar 6	Peterborough (h)	
Mar 13	Northampton Town (a)	
Mar 20	Barnet (h)	
Mar 13 Mar 20 Mar 27	Brentford (a)	
Apr 3 Apr 10 Apr 24	Dag & Red (a)	
Apr 10	Luton Town (h)	
Apr 24	Millwall (a)	
May 1	Brighton & HA (a)	
YAC = You	ith Alliance Cup	
*After Extr	a Time	

APPEAR ANCES 09/10

Jake Argent 15 + 2 (9), Elliott Babbs 16 (2), Chris Benjamin 10 + 4 (1), Harry Beautyman 12 (3), Joe Boakye 14 + 1 (1), Dan Bygrave 8, Callum Compton 0 + 4, Louis Crowther 13 + 1 (7), Jack Dekanski 4 + 1, Jack Giddens 11, Brendan Kiernan 2 + 1, Greg Knock 1 + 1, Sam Konway 2 + 2, Billy Lobjoit 1 + 4 (1), Alan Mabuyaku 12, Musa Manneh 13 + 1 (1), Cestor Mike 16 (1), Josh Millwood 4 + 1, Charlie Morgan 2, Samuel Naiwo 1, Ryan Nelson 17, Moses Odubajo 13 + 1 (2), Stephen O'Hara 6 + 4, Anthony Okadigbo 0 + 1, Michael Richardson 13 + 2, Miles Smith 2, Kieran Walsh 1, Jake Woodward 0 + 1

LEAGUE TABLE 09/10

	P	W	D	L	GD Pts
Southend Utd	14	10	2	2	8 32
QPR	12	7	3	2	15 24
Brentford	13	6	2	5	8 20
Northampton T	10	6	1	3	8 19
Wycombe W	11	6	1	4	4 19
Peterborough U	12	6	0	6	8 18
Millwall	11	5	2	4	6 17
Brighton & HA	10	5	2	35	4 17
Luton Town	12	53	2	5	-5 17
Leyton Orient	12	3	6	3	-2 15
Colchester Utd	14	5	0	9	-10 15
Dag & Red	12	4	2	6	2 14
Aldershot Town	12	3	3	6	-3 12
Gillingham	12	3	3	6	-10 12
Barnet	13	1	1	11	-33 4

YOUTH ALLIANCE CUP GROUP 4

	P	W	D	L	GD	Pts
Peterborough U	4	3	0	1	2	9
Gillingham	4	2	2	ō	4	8
Northampton T	4	1	2	1	0	5
Leyton Orient	4	ī	1	2	-1	4
Luton Town	4	0	1	3	-5	1



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TheBlameGame

SWINDON today then, always a weird one for me having trundled across to the County Ground on numerous occasions over the last couple of years.

I was the chap entrusted with doing a series of behind-the-scenes articles on The Robins and ended up in all sorts of interesting situations: pre-season training, dressing room team-talks before a relegation six-pointer, post-training pizza round Craig Easton's house.

I haven't done one for a while though (can't say I miss that early-hours car journey to the West Country) and I notice my absence has coincided with a superb run of form for the Wiltshire side. Last season, when I turned up fairly regularly, their results were inexplicably poor, despite having a decent-looking team on paper and a 20-goal striker up front. They stayed up by the skin of their teeth, whatever that means.

This term I went along for the first day of pre-season and while in the middle of writing another piece about how Danny Wilson and co were successfully rebuilding the club, they lost their first game 5-0 at home to Gillingham, which made no sense at all. So I can only surmise that I'm some sort of jinx, but on someone else's team. Better that than scuppering your own, I suppose.

I can only surmise that I'm some sort of jinx, but on someone else's team. Better that than scuppering your own, I suppose.

It's funny how seriously football fans take this sort of thing. My O's support was passed down from my mum's side of the family and dad only ever used to come on rare occasions: Boxing Day and the like. After seeing a run of dodgy results he started joking about being a jinx, which was quite funny at first but, a few years and more dodgy results later, became a bit of a moot point on matchday mornings as everyone had clearly convinced themselves it was true, including him.

I think he gave up coming altogether in the end, as it's a bit awkward turning up at the ground on a Saturday afternoon in the knowledge that your very presence will make everyone else think it's all going to go wrong. You know, a bit like when Ben Foster gets picked by Man United.

Thinking about it, I've pretty much stopped inviting friends to Brisbane Road for exactly that reason. However well we're doing in the league, as soon as I drag a few armchair fans along to get the full live matchday experience it turns out to be the worst performance since, well, since I last invited people along. The worst thing is that you can't even have a moan at the players, because deep down inside you know that, actually, it's your own stupid fault.

The funny thing with Swindon is that while my presence around their ground during the week seemed to have a detrimental effect, when I actually watch them play, they tend to win. If the O's are a goal down at half-time today then, I'll do the decent thing and go to the pub.

Si Hawkins



2009/10 LEAGU	E T/	BLE											
Team	P	W	D	L	F	A	W	D	L	F	A	GD	Pts
1. Norwich	33	13	2	2	39	18	8	4	4	30	18	33	69
2. Leeds United	32	11		1	32	11	8	4	3	23	14	30	66
3. Colchester	32	13	1	2	27	14	5	7	4	22	17	18	62
4. Charlton	33	10	5	2	34	19	6	7	3	23	18	20	60
5. Swindon	31	11	5	1	33	16	5	6	3	20	22	15	59
6. Huddersfield	32	10	6	0	39	12	6	3	7	19	21	25	57
7. Millwall	32	11	4	1	28	11	4	6	6	18	21	14	55
8. MK Dons	32	8	3	5	26	20	7	1	8	21	26	1	49
9. Walsall	32	5	7	5	24	20	6	3	6	16	18	2	43
10. Bristol Rovers	31	9	1	5	22	17	4	2	10	16	30	-9	42
11. Southampton	30		4	2	25	13	5	8	4	24	19	17	38
12. Brentford	30	6	8	2	24	16	3	3	8	8	16	0	38
13. Yeovil	33	6	6	4	26	19	3	5	9	15	26	-4	38
14. Carlisle	32	6	3	6	22	17	3	7	7	21	31	-5	37
15. Leyton Orient	32	6	5	5	26	19	3	5	8	16	29	-6	37
16. Hartlepool	32	6	5	6	21	23	3	3	9	20	27	9	35
17. Gillingham	33	8	6	3	22	9	0	4	12	11	35	-11	34
18. Brighton	32	2	3	10	12	24	6	7	4	26	27	-13	34
19. Iranmere	32		2		19	22	2	4	10	9	29	-23	33
20. Southend	32	5	6	4	19	19	3	2	12	16	28	-12	32
21. Oldham	30	4	5	5	12	15	4	3	9	12	22	13	32
22. Exeter	32	5	7	4	21	16			11	13	31	-13	31
23. Wycombe	33	4	4	9	16	25	2	6	8	17	32	-24	28
24. Stockport	31	1	4	10	15	33	3	4	9	12	27	-33	20

ROLL CALL												"Pla	yer n	0 10	nger	with	tne c	iuo
	Le	agi	ue	F	A C	up	Lg	e C	up		JP	1	0's	Car	eer	Al	l-Tim	ne .
	A	S	G	A	S	G	A	S	G	A	S	G	A	S	G	A	S	G
Glenn Morris	8	1	0		0	0	1	1	0	0	0	0	143		0	143		0
Stephen Purches	25	1	1	2	0	0	2		0	0			112			360	29	17
Ben Chorley	29	0	0	2	0	0	2	0	0	1	0	0	34	0	0	280	12	8
Tamika Mkandawire	30	0			0	0	2	0	0	1		0	113	0	15	176	0	20
Luke Ashworth	5		0	1	0	1	0	0	0	2	0		11		1	11		1
JJ Melligan*	14		1	1	0	0		0		0		0	77	20	9	265	37	42
Aaron Doran	1	0	0	0	0	0	0	0	0	0	0	0	1	0	0	4	5	1
Adam Chambers	13	2		1	0	0	0	1		0	0	0	142		10	202	30	11
Scott McGleish	25		11	2	0	0	0	1	0	0	0	0	88	9	27	584	110	221
Sean Thornton	18	1		2	0		0	1		0	1	0	73	18	7	177	78	22
Jason Demetriou	21	5	1	2	0	0	2	0	0	2	0	1	117	37	14	118	39	14
Jamie Jones	24	0	0	0	0	0	1	0	0			0	49	0	0	49	0	0
Charlie Daniels	30	0	0	2	0	0	2	0	0	2	0	0	85	9	4	92	9	5
Ryan Jarvis	24	4		0					0					25	14	94	62	22
Luke Summerfield*	14	0	0	0	0	0	0	0	0	1	0	0	15	0	0	70	26	6
Jonathan Téhoué	1			0	0	0	0	0	0		0	0			2	1		2
Andrew Cave-Brown	18	2	0	0	0	0	0	0	0	2	0	0	23	5	0	24	6	0
Loick Pires	0	6	0		0	0	0			1	1	0		15	0		15	0
Harry Baker	0	1	0	0	0	0	0	0	0	2	0	0	5	3	0	5	3	0
Darryl Sydes*				0	0		0			0			0	0	0	0	0	. 0
Matthew Briggs*	1	0	0	0	0	0	0	0	0	0	0	0	1	0	0	1	1	0
Jimmy Smith	24			1	0	0	2	0	0		0	0	43			77	25	8
Matthew Hall*	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Cestor Mike	0	0		0		0	0	0	0	0		0		0		0	0	0
James Scowcroft	9	9	0	1	0	0	1	0	0	1	1	0	12	10	0	463	94	100
Adrian Patulea	4	12	0	1	1	0	2	0	1	1	1	1	8	14		27	28	13
Kristian O'Leary*	1	2	0	0	0	0	0	0	0	0	0	0	1	2	0	290	51	12
Lee Butcher*		0		0	0	0	0	0	0	0		0	0	0	0	0	0	0
Nicky Adams*	6	0	0	0	0	0	0	0	0	0	0	0	6	0	0	106	36	18
Andros Townsend*	17			0		0	2	0				0	20		2	30		3
Jack Giddens	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Harry Beautyman		0	0	0	0	0	0	0	0			0		0	0	0	0	0

COMING SOON...

FOLLOWING this afternoon's game against Swindon Town, we face successive away matches at MK Dons and Oldham Athletic before we return here on Saturday, March 13 when Walsall are the visitors.

The Saddlers were beaten 1-0 at home by Yeovil on Tuesday night and are

currently ninth in the table with 43 points from 32 games.

When we travelled to the Banks's Stadium just before Christmas, we returned home with a point following a 2-2 draw. Ryan Jarvis and Tamika Mkandawire netted in the first half, before the home side hit back with a Troy Deeney double after the break.



Date	Opponents	Res	Pos	Att
Sat Aug 8	Bristol Rovers	2-1	7	7,754 (508
Tue Aug 11	Colchester Utd CC1	2-1	-	3,308 (630
Sat Aug 15	Oldham Athletic	1-2	12	4,061 (297)
Tue Aug 18	Charlton Athletic	1-2	16	7,376 (2,794
Sat Aug 22	Yeovil Town	3-3	14	3,827 (285)
Wed Aug 26	Stoke City CC2	0-1 ₍₁₀₀₀₎	-	2,742 (556)
Sat Aug 29	Carlisle United	2-2	13	3,546 (424)
Fri Sep 4	Southend United	0-3	19	8,836 (1,656
Sat Sep 12	Exeter City	1-1*	19	4,703 (608)
Sat Sep 19	Stockport County	1-2	21	4,091 (236)
Sat Sep 26	Millwall	1-0	19	5,255 (1,889
Tue Sep 29	Norwich City	0-4	21	23,981 (933
Sat Oct 3	Wycombe Wanderen	s 1-0	16	4,789 (580)
Tue Oct 6	Brighton & HA JPT2	2 1-0	-	1,457 (555)
Sat Oct 10	Colchester United	0-1	18	5,421 (1,06
Sat Oct 17	Brentford	2-1*	15	4,781 (1,45)
Sat Oct 24	Huddersfield Town	0-4	17	
Sat Oct 31	Southampton	2-2*	18	7,544 (3,20)
Sat Nov 7	Tranmere R FAC1	1-1		3,180 (188)
Tue Nov 10	Hereford Utd JPTQ			1,282 (158)
Sat Nov 14	Hartlepool United	0-1	20	3,119 (118)
Tue Nov 17	Tranmere R FAC1r	0-1		1,518 (145)
Sat Nov 21	Tranmere Rovers	2-1	17	4,620 (251)
Tue Nov 24	Leeds United	0-1	19	
Tue Dec 1	Gillingham	3-1	17	
Sat Dec 5	Swindon Town	2-3	19	
Sat Dec 12	Milton Keynes Don		20	
Sat Dec 19	Walsall	2-2	20	3,616 (205
Sat Dec 26	Brighton & HA	0-0	20	
Mon Dec 28	Southend United	1-2	21	5,680 (1,43)
Tue Jan 19	Yeovil Town	2-0	18	
Mon Jan 25	Charlton Athletic	1-0	15	
Sat Jan 30	Carlisle United	2-2*	17	
Tue Feb 2	Bristol Rovers	5-0*	11	
Sat Feb 6	Brighton & HA	1-1	11	
Sat Feb 13	Leeds United	1-1		8,013 (2,89
Sat Feb 20	Tranmere Rovers	1-2	14	
Tue Feb 23	Gillingham	1-1	15	
Sat Feb 27	Swindon Town	Н	10	4,755 (555
Sat Mar 6	Milton Keynes Dons			
Tue Mar 9	Oldham Athletic	A		
Sat Mar 13	Walsall	Н		
Sat Mar 20	Huddersfield Town			
Sat Mar 27	Brentford	A		
Sat Apr 3	Hartlepool United	Н		
Mon Apr 5	Southampton	A		
Sat Apr 10	Exeter City	A		
Tue Apr 13	Norwich City Stockport County	Н		
Sat Apr 17 Sat Apr 24	Millwall	A		
Sat May 1	Wycombe Wanderer Colchester United	S H		
Sat May 8	Colchester Dilited	A		

statisticallyspeaking

				3-20	
Luke ASHWORTH Discussion of Tamika MKANDAWIRE	Adam CHAMBERS Scott McGLEISH Sean THORNTON Jason DEMETRIOU Jamie JONES Chartie DANIELS	The Fryan JARVIS The Jonathan Téhoué The Andrew CAVE-BROWN The Joick PIRES Harry BAKER	D Jimmy SMITH Cestor MIKE To James SCOWCROFT Adrian PATULEA Took Gibbens	Matthew BRIGGS Nicky ADAMS	JJ MELLIGAN Andros TOWNSEND
		13 13 17 18			1 · · · · · · · · · · · · · · · · · · ·
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PLEASE NOTE

If you witness any anti-social behaviour in the stadium, such as swearing or racism, please text 07776 228 298 to inform the Chief Safety Officer anonymously.

Safety Information

THE expertise and experience of safety stewards, police, doctors and members of the St John Ambulance are vital ingredients in the safety management of the Matchroom Stadium. However, the successful implementation of this plan depends to a very large extent on the cooperation of you the spectator.

Please contact a steward if you have any worries over a matter of safety, concerns about the behaviour of other supporters or if you need help with ticketing or finding your way around the stadium. As Stadium Manager I would like to draw your attention to a number of key issues.

FIRST AID

Should you require medical attention ask either the nearest steward or a member of the St John's Ambulance who are located throughout the ground.

PERSISTENT STANDING

The Matchroom Stadium is an all-seater stadium and standing during matches or other events is not permitted. Spectators should remain seated at all times and not obstruct the view of others.

LOST PROPERTY

Stewards will ensure that any lost property is taken to a secure storage location. If you wish to claim property you believe to be lost in the stadium please ask the nearest steward or telephone the club on 0871 310 1881.

FACILITIES FOR DISABLED SUPPORTERS

Viewing areas for wheelchair users and dedicated toilet facilities are available throughout the ground. Disabled toilets are located on each concourse and all have emergency alarms.

The club provides a dedicated steward whose sole responsibility is the welfare of our disabled supporters and

he visits all disabled areas regularly throughout the course of an event.

BUCKINGHAM ROAD (ONE-WAY SYSTEM)

Due to width restrictions in Buckingham Road at present, supporters will be unable to pass along Buckingham Road towards Oliver Road from the East side of the ground at the end of each fixture as a one way system will be in place.

Supporters wishing to head in this direction are advised to pass through Coronation Gardens and turn right along Lyttleton Road for Saturday fixtures or for evening games when the gardens are locked either head North up Brisbane Road and West along Windsor Road or back along to Leyton High Road turn right and then right again into Lyttleton Road. Our apologies for this inconvenience.

PROHIBITED ITEMS

Leyton Orient has a legal obligation to deny entry to the stadium to anyone carrying cans, bottles, glasses or containers of any description. Other prohibited items are clearly displayed at each turnstile block. Spectators bringing such items will have them confiscated and these cannot be returned – they are given up as a condition of entry.

PLEASE DO NOT SMOKE

The Matchroom Stadium is a non-smoking venue. Spectators are requested not to smoke at any time in public areas and safety stewards are authorised to ask any person found smoking to leave the stadium.

LICENSED BARS/FOOD OUTLETS

There are many bars and food outlets open to the public here at the Matchroom Stadium.

For these outlets to operate safely and effectively it is critical that all persons making use of them move away from the bar and counter area immediately after purchases have been made.

Supporters are reminded that it is a criminal offence to consume alcohol within sight of the pitch and any supporter attempting to carry alcohol into the stands faces possible ejection and arrest.

EMERGENCY EVACUATION

In the event of an emergency within the stadium which requires there to be any form of evacuation, a tannoy announcement preceded by an audible tone will be made.

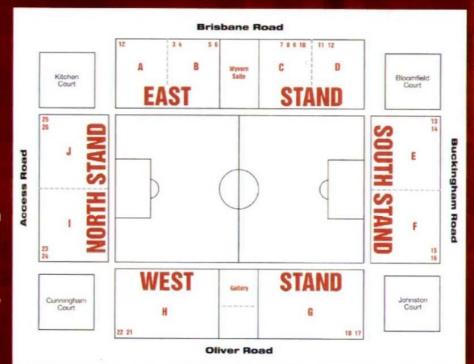
Supporters should then follow the instructions given to them by the safety stewards and, in the event of an evacuation, should make their way to the nearest exit gate.

PLAYING SURFACE

Supporters are reminded that at no time are they permitted to enter the field of play. Any supporter who encroaches onto the pitch will be ejected from the ground and arrested.

I hope you enjoy your visit to the Matchroom Stadium.

Chris Baker, Stadium Manager



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As a football fan, you know how good it feels to win. If you love the glory, try PartyCasino.com, where you can enjoy an amazing range of games including blackjack, roulette and movie-themed slots. Plus as we're the official casino partner of Leyton Orient F.C., we'll add 150% to your first deposit, up to £200* when you sign up.

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theteams



Manager: Geraint Williams Colours: Red & White

	Pld	GIs		
1. Glenn MORRIS				
2. Stephen PURCHES				
4. Ben CHORLEY				
5. Tamika MKANDAWIRE				
6. Luke ASHWORTH				
7. Aaron DORAN				
8. Adam CHAMBERS				
9. Scott McGLEISH				
10. Sean THORNTON			[]	
11. Jason DEMETRIOU				
12. Jamie JONES				
13. Charlie DANIELS				
14. Ryan JARVIS				
15. Jonathan TÉHOUÉ				
16. Andrew CAVE-BROWN			13	
17. Loick PIRES				
18. Harry BAKER				□,
20. Jimmy SMITH			D	
21. Cestor MIKE				
22. James SCOWCROFT				
23. Adrian PATULEA				
26. Jack GIDDENS				
27. Harry BEAUTYMAN				



SWINDON TOWN

Manager: Danny Wilson Colours: White & Blue

	Pld	Gls		
1. David LUCAS			0	
2. Scott CUTHBERT			- 0	D
3. Alan SHEEHAN				0
4. Jonathan DOUGLAS			0	0
5. Vincent PERICARD			0	0
6. Gordon GREER				0
7. Jon-Paul McGOVERN			D	
8. Craig EASTON			D	
10. Michael TIMLIN			D	
11. Matt RITCHIE			0	
12. Phil SMITH			0	0
14. Sean MORRISON			0	
15. Kevin AMANKWAAH			0	
17. Callum KENNEDY				13
18. Alan O'BRIEN				0
19. Lescinel JEAN-FRANCOIS				0
20. Billy PAYNTER				0
23. Nathan THOMPSON				
24. Daniel WARD				
25. Mark MARSHALL				0
26. Jakub JESIONKOWSKI				0
27. Kasali CASAL				
28. Mark SCOTT				D
29. Kurt HAMMONDS				0
30. Simon FERRY				
32. Charlie AUSTIN			D	
33. Alex HENSHALL				
34 Matthew RARNES			п	[1

COCA COLA LEAGUE ONE

SATURDAY FEBRUARY 27 2010
Brentford v Tranmere Rovers
Brighton & HA v Exeter City
Bristol Rovers v Colchester United
Carlisle United v Gillingham
Huddersfield Town v Leeds United
Leyton Orient v Swindon Town
Millwall v Hartlepool United
Oldham Athletic v Norwich City
Southampton v Walsall
Stockport County v Wycombe Wanderers
Yeovil Town v MK Dons
Southend United were due to entertain
Charlton Athletic last night (Friday)

NEXT UP...

MK Dons v Leyton Orient

Saturday March 6 2010 At stadiummk Coca-Cola League One Kick-off 3pm.

TODAY'S OFFICIALS...

Referee: Craig Pawson Assistant Referee: Steve Creighton Assistant Referee: Paul Martin Fourth Official: Lee Betts

LAST FIVE RESULTS...

LEYTON ORIENT

23/2/10 - Gillingham (a) D 1-1

20/2/10 - Tranmere Rovers (a) L 1-2 13/2/10 - Leeds United (h) D 1-1

6/2/10 - Brighton & Hove Albion (h) D 1-1

2/2/10 - Bristol Rovers (h) W 5-0

SWINDON TOWN

23/2/10 - Stockport County (h) W 4-1

20/2/10 - Carlisle United (h) W 2-0

13/2/10 - Huddersfield Town (a) D 2-2

9/2/10 - Oldham Athletic (h) W 4-2

6/2/10 - Charlton Athletic (h) D 1-1